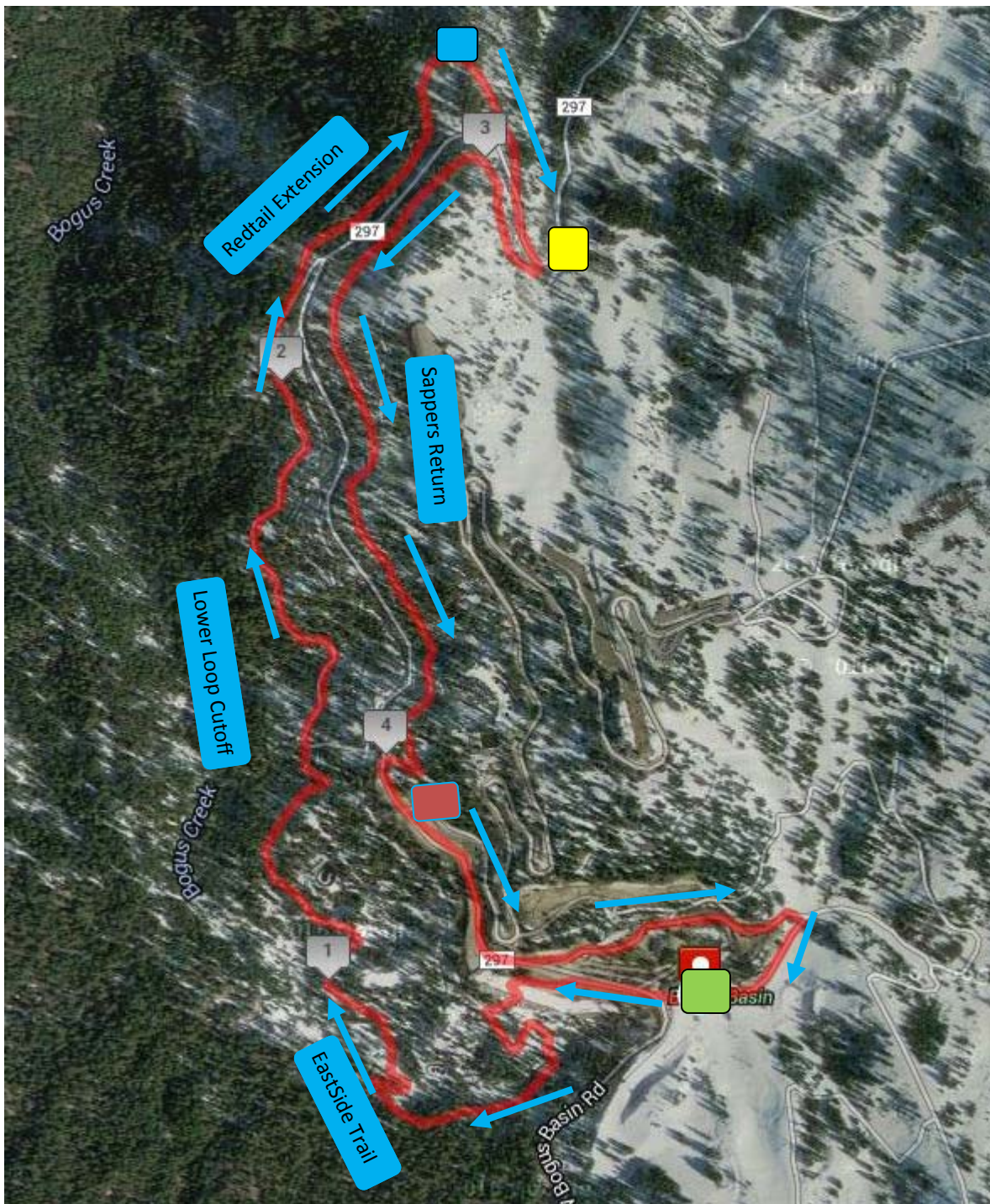





# Boise Front Trail Run Short



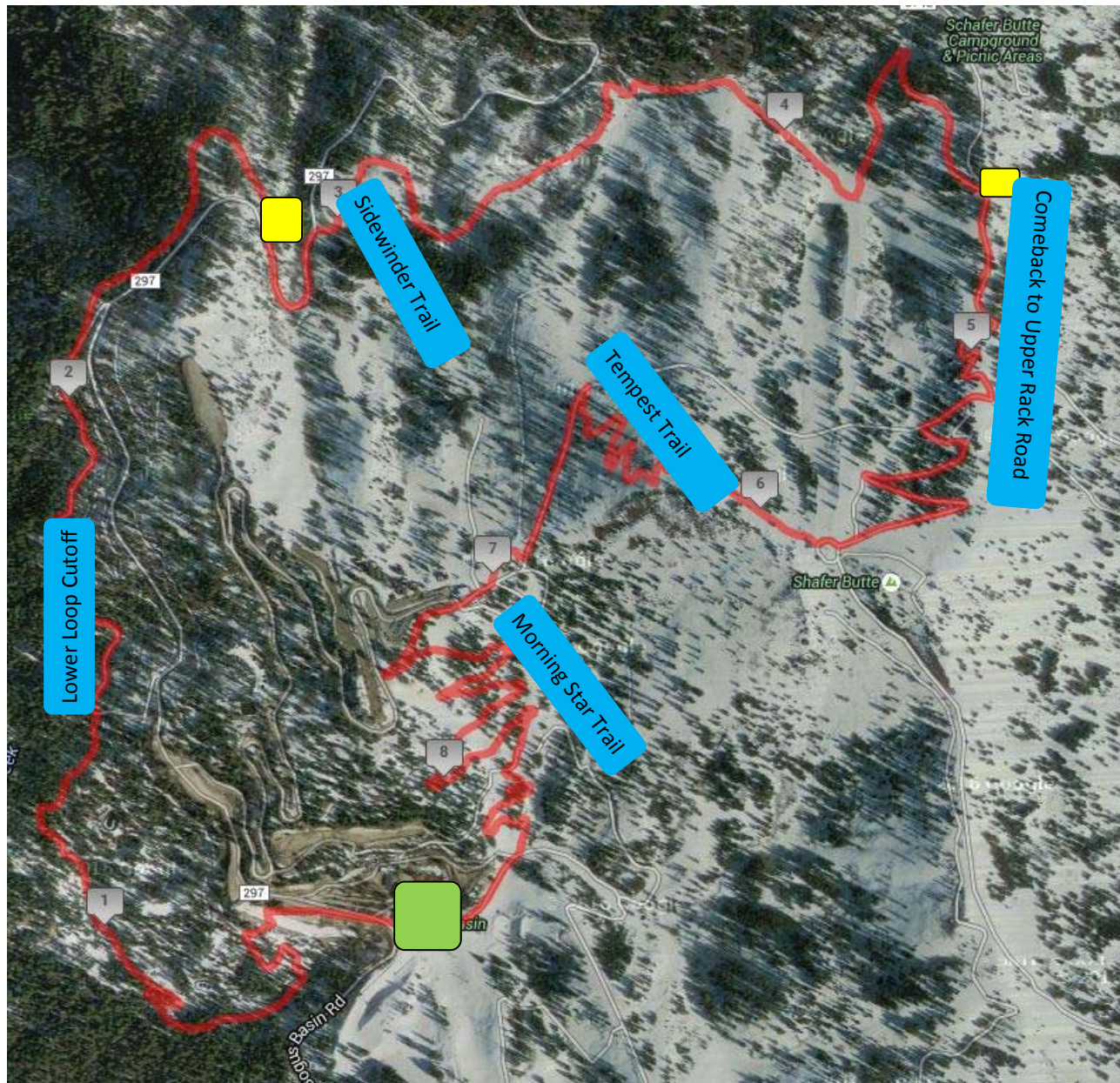
## Short Course—5 miles

Start from Simplot Lodge, head out on the Bogus Basin Rd, cross to East Side Trail off of tubing hill, take East Side Trail, follow to Lower Loop Cutoff, take Lower Loop to Red-tail Extension, to Sappers Return, continue past the Frontier Lodge (Nordic Lodge), Left at Bogus Maintenance Rd area, connect to Morning Star to enter finish at Simplot Lodge.

-  **Start & Finish**  
JR Simplot Lodge
-  **Water Station**
-  **Frontier Lodge**



# Boise Front Trail Run Long course





## Long Course

**10 miles**

Start from Simplot Lodge, head out on the Bogus Basin Rd, cross to East Side Trail off of tubing hill, take East Side Trail, follow to Lower Loop cut-off, take Lower Loop cutoff to Redtail Extension, take Sidewinder to bottom of Superior Chair 3, then onto Lower Summer pack Road to Comeback, Comeback to Upper Summer Pack Road to Top of Superior. Top of Superior to Tempest Trail to Lodge Trail, to Morning Star to Base area and Lodge,

Finish!

-  **Simplot Lodge Area Start & Finish**
-  **Water Stations**