



# Famous Idaho Potato Marathon and Fun Runs

## Race Instructions



To ensure a smooth run event and a good time for everyone, we ask that you read and adhere to the following race instructions.

Have a great race and good luck in achieving your fitness goals!

1. Please be sure to wear your race number bib on the front of your shirt. Your race number bib must be visible when crossing the finish line.
2. The finish line is located near the Royal Blvd entrance of Ann Morrison Park. **Parking** will be available on the corner of 9th and Royal at the BSU Health Sciences Building as well as across the street at the BSU Towers.

Marathon and Half Marathon Busses: **6:15-7:15am**

10K and 5K Busses: **7:00-8:00am**

If you are staying at the **Boise Hotel and Conference Center**, shuttle busses will pick up runners at: Marathon and Half Marathon: **6:15-6:30am** 10K and 5K: **6:45-7:00am**

3. If you wish to change races, please see a race official at least 30 minutes prior to the start of your desired race.

**Lucky Peak State Park:**

Marathon Starts at 8am

**Discovery Park:**

Half Marathon Starts at 8:30am

**Albertson's HQ on Parkcenter:**

5K & 10K start at 8:30am

4. Check all the information on your race tag to ensure it is correct. Have a race official make appropriate changes prior to your race.
5. If you plan on running **and** walking, **please sign-up as a runner**. Walkers will be receiving awards for their times. Walking is defined as "One foot must be in contact with the ground at all times". A legal race walk also requires a straight leg as it passes under the body.
6. **Timing chips:** this year we are using bib chips, located on the back of your race number. **DO NOT BEND OR REMOVE YOUR BIB CHIP.** Bib chips do not need to be returned after the race.
7. When running and walking on the course, please remain alert and aware and **stay on the right unless you are passing**. Please do not walk more than two abreast on the Greenbelt portion of the race.
8. Cross roadways **only** where indicated by chalk-marks, cones, or race official's instructions. All major intersections will be monitored.
9. Warm-up clothes will be transported from each starting line to the finish line. Please have your belongings inside a duffel or other kind of bag marked with your race number. Please do not leave valuables inside your bag. Belongings can be picked-up at the finish line area. All warm-up clothes will be available by approximately 9:30am.
10. You **must** have your race number visible to pick-up your race T-shirt after the race.
11. All awards will be presented at the finish line as soon as the results are available. Raffle prizes will be handed out at the awards ceremony, we encourage everyone to stay.
12. There will be LIMITED busses taking people from the finish back to both starting lines from 9am- 1pm. The busses going back to the starting line can be met at the corner of 9th and Lusk, just outside the park.

