

# New Years Day Run 2009

## Final Results

Wednesday, January 28, 2009 9:10:06 AM

### Overall by Distance: 5K

OvrAll	/Gndr	/ Div	No	Name	Age	Representing	Division	Net Time	Total Time	Back	Pace
1	/	1 / 1	125	MCCREA, Rusty	30	MERIDIAN ID	Overall 5K Run ...	16:11.3	16:11.3	0:00.000	5:13.3
2	/	2 / 2	256	FORTE, Eric	41		Overall 5K Run ...	16:41.4	16:41.4	0:30.100	5:23.0
3	/	3 / 3	296	CARLSON, Mike	49		Overall 5K Run ...	17:25.5	17:25.5	1:14.200	5:37.3
4	/	4 / 1	171	SHIPPY, Alex	18	STAR ID	5K Run Men 14...	17:38.8	17:38.8	1:27.500	5:41.5
5	/	5 / 1	298	KATSEANES, Logan	23		5K Run Men 19...	17:41.4	17:41.4	1:30.100	5:42.4
6	/	6 / 2	262	GALVSHA, Taylor	16		5K Run Men 14...	17:56.2	17:56.2	1:44.900	5:47.2
7	/	7 / 3	290	RICHARDSON, Ammon	18		5K Run Men 14...	18:43.7	18:43.7	2:32.400	6:02.5
8	/	8 / 1	285	PORI, Tony	40		5K Run Men 40...	18:53.2	18:53.2	2:41.900	6:05.5
9	/	9 / 2	145	NIELSEN, Mike	44	TWIN FALLS ID	5K Run Men 40...	18:53.7	18:53.7	2:42.400	6:05.7
10	/	1 / 1	146	NIELSEN, Nicole	17	BOISE ID	Overall 5K Run ...	19:00.6	19:00.6	2:49.300	6:07.9
11	/	10 / 3	294	DAVIS, Layne	42		5K Run Men 40...	19:09.2	19:09.2	2:57.900	6:10.7
12	/	11 / 2	116	LINO, Jackson	21		5K Run Men 19...	19:14.1	19:14.1	3:02.800	6:12.3
13	/	12 / 1	284	HANCOCK, Rob	39		5K Run Men 35...	19:16.3	19:16.3	3:05.000	6:13.0
14	/	13 / 4	33	CLAIBORNE, Wesley	18	MERIDIAN ID	5K Run Men 14...	19:32.2	19:32.2	3:20.900	6:18.1
15	/	14 / 1	100	KEEN, Brennen	13	BOISE ID	5K Run Men 13 ...	19:45.1	19:45.1	3:33.800	6:22.3
16	/	15 / 1	286	BEATTY, Doug	27		5K Run Men 25...	19:54.1	19:54.1	3:42.800	6:25.2
17	/	16 / 2	48	DREW, Micah	13	BOISE ID	5K Run Men 25 ...	19:54.7	19:54.7	3:43.400	6:25.4
18	/	2 / 2	99	JOSEPHSON, Jenny	21	EAGLE ID	Overall 5K Run ...	19:58.8	19:58.8	3:47.500	6:26.7
19	/	3 / 3	263	SCHADD, Beth	34		Overall 5K Run ...	20:01.3	20:01.3	3:50.000	6:27.5
20	/	17 / 1	95	JEFFERY, Carl	32		5K Run Men 30...	20:07.0	20:07.0	3:55.700	6:29.4
21	/	18 / 1	144	NIELSEN, David	49	BOISE ID	5K Run Men 45...	20:08.4	20:08.4	3:57.100	6:29.8
22	/	4 / 1	20	BRANDON, Liz	17	BOISE ID	5K Run Women ...	20:08.5	20:08.5	3:57.200	6:29.8
23	/	19 / 2	68	GIUDICELLI, Richard	47	BOISE ID	5K Run Men 45...	20:19.0	20:19.0	4:07.700	6:33.2
24	/	20 / 2	273	BOOTH, Matthew	30		5K Run Men 30...	20:23.6	20:23.6	4:12.300	6:34.7
25	/	21 / 3	55	FAULKES, Brian	48	CALDWELL ID	5K Run Men 45...	20:24.1	20:24.1	4:12.800	6:34.9
26	/	22 / 1	79	HARTER, Reid	58	BOISE ID	5K Run Men 55...	20:30.5	20:30.5	4:19.200	6:36.9
27	/	23 / 2	184	TERRY, Evan	38	BOISE ID	5K Run Men 35...	20:31.8	20:31.8	4:20.500	6:37.4
28	/	24 / 4	69	GRABER, Dan	47	WILDER ID	5K Run Men 45...	20:38.8	20:38.8	4:27.500	6:39.6
29	/	25 / 5	138	NELSON, Dale	47	BOISE ID	5K Run Men 45...	20:59.8	20:59.8	4:48.500	6:46.4
30	/	26 / 4	72	GRAVES, Art	43	BOISE ID	5K Run Men 40...	21:06.1	21:06.1	4:54.800	6:48.4
31	/	27 / 6	279	MERRELL, John	47		5K Run Men 45...	21:12.8	21:12.8	5:01.500	6:50.6
32	/	5 / 1	169	SEVER, Suzanne	36	NAMPA ID	5K Run Women ...	21:15.8	21:15.8	5:04.500	6:51.5
33	/	28 / 3	6	APOLLO, Darian	37		5K Run Men 35...	21:16.1	21:16.1	5:04.800	6:51.6
34	/	6 / 1	152	OLSON, Amy	22	STANWOOD WA	5K Run Women ...	21:19.5	21:19.5	5:08.200	6:52.7
35	/	29 / 5	289	THIRY, Rob	42		5K Run Men 40...	21:34.4	21:34.4	5:23.100	6:57.5
36	/	30 / 6	198	WITZKE, Tom	43	BOISE ID	5K Run Men 40...	21:36.9	21:36.9	5:25.600	6:58.4
37	/	31 / 3	140	NICHOLLS, Brandon!	20	MERIDIAN ID	5K Run Men 19...	21:40.2	21:40.2	5:28.900	6:59.4
38	/	7 / 2	54	FAULKES, Alyssa	15	CALDWELL ID	5K Run Women ...	21:49.3	21:49.3	5:38.000	7:02.4
39	/	32 / 7	50	ELLINGSON, Terry	47	BOISE ID	5K Run Men 45...	21:50.1	21:50.1	5:38.800	7:02.6
40	/	8 / 3	70	GRABER, Kendra	16	WILDER ID	5K Run Women ...	21:59.0	21:59.0	5:47.700	7:05.5
41	/	33 / 7	277	STIFFLER, John	43		5K Run Men 40...	22:05.5	22:05.5	5:54.200	7:07.6
42	/	9 / 2	120	MACPHERSON, Bonnie	36	BOISE ID	5K Run Women ...	22:06.8	22:06.8	5:55.500	7:08.0
43	/	34 / 4	172	SILVA, Chris	39		5K Run Men 35...	22:12.9	22:12.9	6:01.600	7:10.0
44	/	35 / 1	10	BARKER, Ron	62	BOISE ID	5K Run Men 60...	22:15.2	22:15.2	6:03.900	7:10.7
45	/	36 / 4	297	NIELSEN, Michael	22		5K Run Men 19...	22:16.2	22:16.2	6:04.900	7:11.0
46	/	37 / 2	11	BEATTY, Cameron	25	NEWBERG OR	5K Run Men 25...	22:22.1	22:22.1	6:10.800	7:12.9
47	/	38 / 2	218	FRANCISCO, Charlie	60		5K Run Men 60...	22:31.5	22:31.5	6:20.200	7:16.0
48	/	39 / 8	87	HOLZENDORF, Courtney	42	MERIDIAN ID	5K Run Men 40...	22:31.6	22:31.6	6:20.300	7:16.0
49	/	40 / 3	278	LOPEZ, Jose	30		5K Run Men 30...	22:31.9	22:31.9	6:20.600	7:16.1
50	/	10 / 4	266	RYAN, Liz	15		5K Run Women ...	22:36.2	22:36.2	6:24.900	7:17.5
51	/	11 / 5	264	JAMBONETZ, Kate	14		5K Run Women ...	22:36.3	22:36.3	6:25.000	7:17.5
52	/	41 / 8	142	NICHOLLS, Tony	45	MERIDIAN ID	5K Run Men 45...	22:39.5	22:39.5	6:28.200	7:18.5
53	/	42 / 5	92	HUFFAKER, Tyler	16	BOISE ID	5K Run Men 14...	23:07.8	23:07.8	6:56.500	7:27.7
54	/	43 / 9	281	FOLEY, John	41		5K Run Men 40...	23:12.9	23:12.9	7:01.600	7:29.3
55	/	44 / 9	189	VARLAND, Brad	49	BOISE ID	5K Run Men 45...	23:13.9	23:13.9	7:02.600	7:29.6
56	/	12 / 1	261	DEL REAL, Claudia	33		5K Run Women ...	23:23.8	23:23.8	7:12.500	7:32.8
57	/	45 / 10	75	GUZI, Jeff	48	BOISE ID	5K Run Men 45...	23:29.3	23:29.3	7:18.000	7:34.6
58	/	46 / 1	199	YTSMA, Piet	52	BOISE ID	5K Run Men 50...	23:33.0	23:33.0	7:21.700	7:35.8

\* indicates adjustments applied, see last page for details

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# New Years Day Run 2009

## Overall by Distance: 5K Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Net Time	Total Time	Back	Pace
59 / 47 / 3	80	HARTLEY, Jim	27	MERIDIAN ID	5K Run Men 25...	23:35.8	23:35.8	7:24.500	7:36.7
60 / 13 / 1	208	BRADLEY-SMITH, Ann	41	BOISE ID	5K Run Women ...	23:42.7	23:42.7	7:31.400	7:38.9
61 / 48 / 2	139	NESS, Kent	50	BOISE ID	5K Run Men 50...	23:50.7	23:50.7	7:39.400	7:41.5
62 / 14 / 6	141	NICHOLLS, Katie	15	MERIDIAN ID	5K Run Women ...	23:50.8	23:50.8	7:39.500	7:41.5
63 / 15 / 2	37	CONNELLY, Christina	19	BOISE ID	5K Run Women ...	23:53.1	23:53.1	7:41.800	7:42.3
64 / 49 / 10	25	BYRD, David	41	BOISE ID	5K Run Men 40...	23:56.6	23:56.6	7:45.300	7:43.4
65 / 50 / 4	159	ROBERTS, Aaron	26	BOISE ID	5K Run Men 25...	23:58.0	23:58.0	7:46.700	7:43.9
66 / 51 / 6	143	NICHOLLS, Tyler	18	MERIDIAN ID	5K Run Men 14...	24:03.6	24:03.6	7:52.300	7:45.7
67 / 52 / 11	32	CLAIBORNE, Steve	49	MERIDIAN ID	5K Run Men 45...	24:07.6	24:07.6	7:56.300	7:47.0
68 / 16 / 2	133	MITCHELL, Kristina	40	BOISE ID	5K Run Women ...	24:10.6	24:10.6	7:59.300	7:47.9
69 / 17 / 3	49	EADES, Chelsea	19	CHEYENNE WY	5K Run Women ...	24:21.0	24:21.0	8:09.700	7:51.3
70 / 53 / 7	90	HOWLAND, Zane	14	BOISE ID	5K Run Men 14...	24:24.2	24:24.2	8:12.900	7:52.3
71 / 18 / 1	287	ARMSTRONG, Heather	28		5K Run Women ...	24:26.5	24:26.5	8:15.200	7:53.1
72 / 54 / 12	121	MAILLOUZ, Jeff	49	BOISE ID	5K Run Men 45...	24:29.3	24:29.3	8:18.000	7:54.0
73 / 55 / 5	88	HOLZER, Dave	29	BOISE ID	5K Run Men 25...	24:31.3	24:31.3	8:20.000	7:54.6
74 / 19 / 3	149	NORRIS, Mariah	35	BOISE ID	5K Run Women ...	24:31.5	24:31.5	8:20.200	7:54.7
75 / 56 / 13	150	NOWASKI, Craig	48	MERIDIAN ID	5K Run Men 45...	24:32.2	24:32.2	8:20.900	7:54.9
76 / 57 / 8	41	CORNFORTH, Charlie	17	CALDWELL ID	5K Run Men 14...	24:36.5	24:36.5	8:25.200	7:56.3
77 / 58 / 3	302	CANNARIATO, Steve	53		5K Run Men 50...	24:36.9	24:36.9	8:25.600	7:56.4
78 / 59 / 9	105	KUGIES, Steven	17	SAN PEDRO CA	5K Run Men 14...	24:39.2	24:39.2	8:27.900	7:57.2
79 / 20 / 3	19	BRANDON, Laura	43	BOISE ID	5K Run Women ...	24:39.3	24:39.3	8:28.000	7:57.2
80 / 60 / 3	188	TUTTLE, David	61		5K Run Men 60...	24:45.6	24:45.6	8:34.300	7:59.2
81 / 61 / 4	7	BAREITHER, David	33	MERIDIAN ID	5K Run Men 30...	25:00.5	25:00.5	8:49.200	8:04.0
82 / 62 / 6	155	PAGE, Sean	26	BOISE ID	5K Run Men 25...	25:06.2	25:06.2	8:54.900	8:05.9
83 / 63 / 5	30	CLAIBORNE, Mike	22	SACRAMENTO CA	5K Run Men 19...	25:21.3	25:21.3	9:10.000	8:10.7
84 / 21 / 4	67	GAONA, Pam	40	NAMPA ID	5K Run Women ...	25:22.5	25:22.5	9:11.200	8:11.1
85 / 22 / 4	110	LASATER, Stephanie	35	MERIDIAN ID	5K Run Women ...	25:26.6	25:26.6	9:15.300	8:12.5
86 / 64 / 5	177	STETSON, Mike	39	KUNA ID	5K Run Men 35...	25:27.4	25:27.4	9:16.100	8:12.7
87 / 65 / 11	102	KNOTHE, Mitch	42	BOISE ID	5K Run Men 40...	25:28.2	25:28.2	9:16.900	8:13.0
88 / 66 / 12	91	HUFFAKER, Brian	41	BOISE ID	5K Run Men 40...	25:28.4	25:28.4	9:17.100	8:13.0
89 / 67 / 2	36	COLLIER, Sam	56	NAMPA ID	5K Run Men 55...	25:29.3	25:29.3	9:18.000	8:13.3
90 / 23 / 4	17	BJORKMAN, Rebekah	24	BOISE ID	5K Run Women ...	25:45.0	25:45.0	9:33.700	8:18.4
91 / 24 / 7	28	CHRISTENSEN, Kaylee	15	BOISE ID	5K Run Women ...	25:53.7	25:53.7	9:42.400	8:21.2
92 / 25 / 1	84	HILL, Francie	59	NAMPA ID	5K Run Women ...	26:24.9	26:24.9	10:13.600	8:31.3
93 / 68 / 4	260	BROWN, Greg	53		5K Run Men 50...	26:33.1	26:33.1	10:21.800	8:33.9
94 / 69 / 14	291	SAGEHORN, Steve	48		5K Run Men 45...	26:33.5	26:33.5	10:22.200	8:34.0
95 / 26 / 5	126	MCMURRAY, Connie	40	BOISE ID	5K Run Women ...	26:36.4	26:36.4	10:25.100	8:35.0
96 / 27 / 2	60	FORESTER, Deanna	29	NAMPA ID	5K Run Women ...	26:39.3	26:39.3	10:28.000	8:35.9
97 / 70 / 3	61	FORESTER, Logan	7	NAMPA ID	5K Run Men 13 ...	26:39.8	26:39.8	10:28.500	8:36.1
98 / 71 / 13	200	ZAHER, Joseph	42	BOISE ID	5K Run Men 40...	26:40.0	26:40.0	10:28.700	8:36.1
99 / 72 / 5	109	LASATER, Damie	33	MERIDIAN ID	5K Run Men 30...	26:42.6	26:42.6	10:31.300	8:37.0
100 / 73 / 15	22	BROCK, Bill	47	CALDWELL ID	5K Run Men 45...	26:49.3	26:49.3	10:38.000	8:39.1
101 / 28 / 5	112	LEINUM, Billie	37	NAMPA ID	5K Run Women ...	26:50.6	26:50.6	10:39.300	8:39.5
102 / 74 / 3	76	GUZMAN, Gerry	57	EAGLE ID	5K Run Men 55...	26:56.4	26:56.4	10:45.100	8:41.4
103 / 75 / 1	201	ZIMMER, Joe	74	BOISE ID	5K Run Men 70...	26:58.9	26:58.9	10:47.600	8:42.2
104 / 76 / 4	114	LEWIS, Robert	58	BOISE ID	5K Run Men 55...	27:08.8	27:08.8	10:57.500	8:45.4
105 / 77 / 5	43	COTTERELL, Sam	57	BOISE ID	5K Run Men 55...	27:32.4	27:32.4	11:21.100	8:53.0
106 / 78 / 6	163	SCHRAM, Dan	56	BOISE ID	5K Run Men 55...	27:35.5	27:35.5	11:24.200	8:54.0
107 / 79 / 16	268	MARSEY, David	46		5K Run Men 45...	27:37.7	27:37.7	11:26.400	8:54.7
108 / 80 / 7	9	BARFUSS, Bob	56	MERIDIAN ID	5K Run Men 55...	27:38.7	27:38.7	11:27.400	8:55.1
109 / 81 / 14	101	KEEN, Shelley	43	BOISE ID	5K Run Men 40...	27:45.9	27:45.9	11:34.600	8:57.4
110 / 29 / 1	93	HUMPHREY, Lynn	47	BOISE ID	5K Run Women ...	27:46.6	27:46.6	11:35.300	8:57.6
111 / 82 / 8	275	CREAMER, Kelley	55		5K Run Men 55...	27:55.7	27:55.7	11:44.400	9:00.5
112 / 83 / 9	259	MARIN, Jeff	57		5K Run Men 55...	27:57.6	27:57.6	11:46.300	9:01.2
113 / 84 / 4	288	ARMSTRONG, James	60		5K Run Men 60...	28:05.5	28:05.5	11:54.200	9:03.7
114 / 30 / 2	82	HILDEBRAND, Sherry	31	BOISE ID	5K Run Women ...	28:07.7	28:07.7	11:56.400	9:04.4
115 / 31 / 5	103	KREIZENBECK, Connie	24	EMMETT ID	5K Run Women ...	28:08.2	28:08.2	11:56.900	9:04.6
116 / 32 / 8	303	ALMOND, Rebecca	16		5K Run Women ...	28:21.3	28:21.3	12:10.000	9:08.8
117 / 33 / 9	127	MCMURRAY, Lauren	15	BOISE ID	5K Run Women ...	28:25.9	28:25.9	12:14.600	9:10.3
118 / 85 / 7	64	FRANKLIN, Steve	28	RANCHO CORDOVA CA	5K Run Men 25...	28:29.1	28:29.1	12:17.800	9:11.3
119 / 86 / 17	66	GAONA, Ciro	47	NAMPA ID	5K Run Men 45...	28:31.0	28:31.0	12:19.700	9:11.9
120 / 34 / 2	5	ANDERSON, Twila	46	BOISE ID	5K Run Women ...	28:42.2	28:42.2	12:30.900	9:15.5
121 / 35 / 1	83	HILL, Birgitta	63	EAGLE ID	5K Run Women ...	28:42.6	28:42.6	12:31.300	9:15.7

\* indicates adjustments applied, see last page for details

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# New Years Day Run 2009

## Overall by Distance: 5K Continued

OvrAll /Gndr / Div	No	Name	Age	Representing	Division	Net Time	Total Time	Back	Pace
122 / 36 / 10	45	DENNEY, Michelle	18	NAMPA ID	5K Run Women ...	28:53.5	28:53.5	12:42.200	9:19.2
123 / 37 / 6	267	WASDEN, Cassidy	22		5K Run Women ...	28:53.8	28:53.8	12:42.500	9:19.3
124 / 87 / 18	299	ROTH, Chris	46		5K Run Men 45...	28:58.0	28:58.0	12:46.700	9:20.6
125 / 38 / 3	185	TOOLE, Amber	33	BOISE ID	5K Run Women ...	28:58.3	28:58.3	12:47.000	9:20.7
126 / 39 / 6	195	WEESE, Elizabeth	37	BOISE ID	5K Run Women ...	28:58.8	28:58.8	12:47.500	9:20.9
127 / 88 / 15	168	SEVER, Mark	44	NAMPA ID	5K Run Men 40...	29:05.8	29:05.8	12:54.500	9:23.2
128 / 40 / 1	236	MURPHEY GLENN, Kelly	48	KUNA ID	Overall 5K Walk ...	29:08.0	29:08.0	12:56.700	9:23.9
129 / 41 / 6	162	RYAN, Therese	41	BOISE ID	5K Run Women ...	29:10.4	29:10.4	12:59.100	9:24.6
130 / 89 / 5	42	CORNWELL, Jim	62	BOISE ID	5K Run Men 60...	29:18.9	29:18.9	13:07.600	9:27.4
131 / 42 / 4	154	OVERY, Ann	32	BOISE ID	5K Run Women ...	29:22.7	29:22.7	13:11.400	9:28.6
132 / 90 / 1	175	STEPHENS, Ken	67	RUPERT ID	5K Run Men 65...	29:25.1	29:25.1	13:13.800	9:29.4
133 / 43 / 3	156	PARSONS, Tammy	49	MERIDIAN ID	5K Run Women ...	29:27.1	29:27.1	13:15.800	9:30.0
134 / 91 / 19	40	CORNFORTH, Charles	49	CALDWELL ID	5K Run Men 45...	29:27.2	29:27.2	13:15.900	9:30.1
135 / 44 / 7	111	LEA, Melissa	39	BOISE ID	5K Run Women ...	29:35.3	29:35.3	13:24.000	9:32.7
136 / 45 / 2	158	PHELPS, Nancy	58	BOISE ID	5K Run Women ...	29:38.8	29:38.8	13:27.500	9:33.8
137 / 92 / 16	306	FREENEY, John	42		5K Run Men 40...	29:42.5	29:42.5	13:31.200	9:35.0
138 / 46 / 3	77	HARDY, Debra	56	BOISE ID	5K Run Women ...	30:05.4	30:05.4	13:54.100	9:42.4
139 / 93 / 6	136	MULVAHILL, Michael	36	STAR ID	5K Run Men 35...	30:40.4	30:40.4	14:29.100	9:53.7
140 / 47 / 7	196	WILSON, Belinda	43	EMMETT ID	5K Run Women ...	30:41.3	30:41.3	14:30.000	9:54.0
141 / 94 / 20	270	COPELAND, Eric	49		5K Run Men 45...	30:55.7	30:55.7	14:44.400	9:58.6
142 / 48 / 5	252	PHOTHONG, Vandy	34		5K Run Women ...	30:56.3	30:56.3	14:45.000	9:58.8
143 / 49 / 8	222	GRAFE, Cyndi	43	BOISE ID	5K Run Women ...	30:59.2	30:59.2	14:47.900	9:59.7
144 / 50 / 8	123	MCCABE, Ginger	35	BOISE ID	5K Run Women ...	31:01.9	31:01.9	14:50.600	10:00.6
145 / 51 / 7	29	CLAIBORNE, Jackie	23	SACRAMENTO CA	5K Run Women ...	31:02.7	31:02.7	14:51.400	10:00.9
146 / 52 / 3	51	EVANS, Josie	25	BOISE ID	5K Run Women ...	31:05.4	31:05.4	14:54.100	10:01.7
147 / 53 / 8	18	BOLOPUE, Briana	24	BOISE ID	5K Run Women ...	31:05.5	31:05.5	14:54.200	10:01.8
147 / 53 / 4	52	EVANS, Texie	25	BOISE ID	5K Run Women ...	31:05.5	31:05.5	14:54.200	10:01.8
149 / 55 / 1	1	ALEXANDER, Rena	50		5K Run Women ...	31:06.1	31:06.1	14:54.800	10:02.0
150 / 56 / 4	23	BROCK, Deanna	46	CALDWELL ID	5K Run Women ...	31:07.5	31:07.5	14:56.200	10:02.4
151 / 57 / 4	276	TOBIAS, Patti	56		5K Run Women ...	31:10.6	31:10.6	14:59.300	10:03.4
152 / 95 / 7	122	MALONEY, Greg	36	MERIDIAN ID	5K Run Men 35...	31:13.2	31:13.2	15:01.900	10:04.3
153 / 96 / 8	96	JOCKERS, Kevin	36	BOISE ID	5K Run Men 35...	31:28.9	31:28.9	15:17.600	10:09.3
154 / 58 / 6	129	MILLARD, Florence	31	CALDWELL ID	5K Run Women ...	31:46.9	31:46.9	15:35.600	10:15.1
155 / 97 / 21	86	HOLT, Gary	46	MERIDIAN ID	5K Run Men 45...	31:52.5	31:52.5	15:41.200	10:16.9
156 / 59 / 2	81	HEUSTON, Martha	50	EAGLE ID	5K Run Women ...	31:56.5	31:56.5	15:45.200	10:18.2
157 / 60 / 7	4	ANDERSON, Jennifer	32	BOISE ID	5K Run Women ...	32:11.8	32:11.8	16:00.500	10:23.2
158 / 61 / 8	98	JOHNSON, Erica	32	BOISE ID	5K Run Women ...	32:16.1	32:16.1	16:04.800	10:24.5
159 / 62 / 9	124	MCCORY, Amanda	32	BOISE ID	5K Run Women ...	32:16.2	32:16.2	16:04.900	10:24.6
160 / 98 / 9	186	TRAYLOR, Elise	37	SAN PEDRO CA	5K Run Men 35...	32:16.9	32:16.9	16:05.600	10:24.8
161 / 63 / 9	197	WITZKE, Lolene	43	OISE ID	5K Run Women ...	32:19.6	32:19.6	16:08.300	10:25.7
162 / 64 / 5	164	SCHRAM, Sue	58	BOISE ID	5K Run Women ...	32:23.9	32:23.9	16:12.600	10:27.1
163 / 99 / 1	228	KAUPINS, Gundy	52	BOISE ID	Overall 5K Walk ...	32:24.7	32:24.7	16:13.400	10:27.3
164 / 65 / 9	21	BRAULICK, Sheena	24	BOISE ID	5K Run Women ...	32:35.6	32:35.6	16:24.300	10:30.8
165 / 100 / 6	113	LETOURNEAU, Steven	24	BOISE ID	5K Run Men 19...	32:35.8	32:35.8	16:24.500	10:30.9
166 / 101 / 2	224	HARTLEY, Jerry	11	MERIDIAN ID	Overall 5K Walk ...	32:52.8	32:52.8	16:41.500	10:36.4
167 / 66 / 10	104	KUBINSKI, Rochelle	34	BOISE ID	5K Run Women ...	33:01.0	33:01.0	16:49.700	10:39.0
167 / 102 / 10	282	SEINBORN, Bill	59		5K Run Men 55...	33:01.0	33:01.0	16:49.700	10:39.0
169 / 67 / 9	27	CHERRY, Janet	38	BOISE ID	5K Run Women ...	33:01.3	33:01.3	16:50.000	10:39.1
170 / 68 / 6	160	ROOSE, Linda	56	BOISE ID	5K Run Women ...	33:08.9	33:08.9	16:57.600	10:41.6
171 / 69 / 5	274	HARDISTY, Lori	47		5K Run Women ...	33:51.6	33:51.6	17:40.300	10:55.4
172 / 103 / 5	2	ANDERSON, Alan	54	BOISE ID	5K Run Men 50...	33:52.1	33:52.1	17:40.800	10:55.5
173 / 70 / 6	165	SCHWARZ, Diane	49	BOISE ID	5K Run Women ...	33:53.8	33:53.8	17:42.500	10:56.1
174 / 71 / 10	135	MULVAHILL, Kim	36	STAR ID	5K Run Women ...	33:58.1	33:58.1	17:46.800	10:57.5
175 / 72 / 3	31	CLAIBORNE, Sandra	50	MERIDIAN ID	5K Run Women ...	34:06.5	34:06.5	17:55.200	11:00.2
176 / 73 / 10	118	LOY, Lisa	44	NAMPA ID	5K Run Women ...	34:11.9	34:11.9	18:00.600	11:01.9
177 / 74 / 11	97	JOCKERS, Stephanie	32	BOISE ID	5K Run Women ...	34:34.3	34:34.3	18:23.000	11:09.1
178 / 75 / 7	44	DALTON, Nell	45	CALDWELL ID	5K Run Women ...	35:00.7	35:00.7	18:49.400	11:17.6
179 / 104 / 17	187	TRAYLOR, Thomas	44	SAN PEDRO CA	5K Run Men 40...	35:23.3	35:23.3	19:12.000	11:24.9
180 / 76 / 11	24	BUIE, Jeanette	44		5K Run Women ...	35:25.9	35:25.9	19:14.600	11:25.8
181 / 77 / 8	293	BISLE, Lupe	45		5K Run Women ...	35:34.3	35:34.3	19:23.000	11:28.5
182 / 78 / 12	56	FECTEAU, Valerie	43	EAGLE ID	5K Run Women ...	35:34.5	35:34.5	19:23.200	11:28.5
183 / 79 / 10	12	BECK, Jessica	20	NAMPA ID	5K Run Women ...	35:39.1	35:39.1	19:27.800	11:30.0
184 / 80 / 9	94	IRISH, Mary	47		5K Run Women ...	35:42.2	35:42.2	19:30.900	11:31.0

\* indicates adjustments applied, see last page for details

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# New Years Day Run 2009

## Overall by Distance: 5K Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Net Time	Total Time	Back	Pace
185 / 81 / 10	191	WALT, Jennifer	46	BOISE ID	5K Run Women ...	35:45.3	35:45.3	19:34.000	11:32.0
186 / 82 / 11	89	HOWLAND, Pam	38	BOISE ID	5K Run Women ...	35:58.5	35:58.5	19:47.200	11:36.3
187 / 105 / 10	251	STEPHENS, Scott	38		5K Run Men 35...	36:16.7	36:16.7	20:05.400	11:42.2
188 / 83 / 11	128	MESENBRINK, Emily	18	CALDWELL ID	5K Run Women ...	36:25.2	36:25.2	20:13.900	11:44.9
189 / 84 / 11	257	PERKINS, Tracy	46		5K Run Women ...	36:27.8	36:27.8	20:16.500	11:45.7
190 / 85 / 1	176	STEPHENS, Sally	67	RUPERT ID	5K Run Women ...	36:30.4	36:30.4	20:19.100	11:46.6
191 / 106 / 6	14	BECKNER, Paul	63	BOISE ID	5K Run Men 60...	36:31.9	36:31.9	20:20.600	11:47.1
192 / 86 / 12	13	BECKNER, Karen	38	BOISE ID	5K Run Women ...	36:32.3	36:32.3	20:21.000	11:47.2
193 / 107 / 4	15	BECKNER, Peter	8	BOISE ID	5K Run Men 13 ...	36:32.6	36:32.6	20:21.300	11:47.3
194 / 87 / 12	16	BISTRICEAN, Cristina	34	NAMPA ID	5K Run Women ...	36:35.4	36:35.4	20:24.100	11:48.2
195 / 88 / 11	35	COBLEY, Jami	23	BOISE ID	5K Run Women ...	36:39.5	36:39.5	20:28.200	11:49.5
196 / 89 / 12	182	TALLY, Sophie	16	CALDWELL ID	5K Run Women ...	36:40.1	36:40.1	20:28.800	11:49.7
197 / 90 / 13	301	CANNARIATO, Dawn	42		5K Run Women ...	36:50.9	36:50.9	20:39.600	11:53.2
198 / 91 / 2	235	MURPHEY, Karen	67	NAMPA ID	Overall 5K Walk ...	37:05.0	37:05.0	20:53.700	11:57.7
199 / 108 / 6	62	FORESTER, Lorin	33	NAMPA ID	5K Run Men 30...	37:06.9	37:06.9	20:55.600	11:58.4
200 / 109 / 5	63	FORESTER, Luke	5	NAMPA ID	5K Run Men 13 ...	37:07.4	37:07.4	20:56.100	11:58.5
201 / 110 / 3	226	HOPPIE, Robert	58	BOISE ID	Overall 5K Walk ...	37:09.0	37:09.0	20:57.700	11:59.0
202 / 111 / 18	65	FULLER, Michael	41	MOUNTAIN HOME ID	5K Run Men 40...	37:33.0	37:33.0	21:21.700	12:06.8
203 / 92 / 13	161	ROSS, Kathleen	36	MOUNTAIN HOME ID	5K Run Women ...	37:33.4	37:33.4	21:22.100	12:06.9
204 / 112 / 22	3	ANDERSON, Donald	47	BOISE ID	5K Run Men 45...	38:03.0	38:03.0	21:51.700	12:16.5
205 / 93 / 5	255	BARNES, Amber	28		5K Run Women ...	38:10.5	38:10.5	21:59.200	12:18.9
206 / 94 / 3	238	SCIBIOR, Deborah	44	BOISE ID	Overall 5K Walk ...	38:15.6	38:15.6	22:04.300	12:20.5
207 / 95 / 14	57	FLOREY, Laura	44		5K Run Women ...	38:31.8	38:31.8	22:20.500	12:25.7
208 / 96 / 6	157	PETERSON, Erin	26	MERIDIAN ID	5K Run Women ...	38:39.0	38:39.0	22:27.700	12:28.1
209 / 97 / 12	304	NEWHOUSE, Shannon	47		5K Run Women ...	38:41.6	38:41.6	22:30.300	12:28.9
210 / 113 / 6	130	MILLER, Barry	51	BOISE ID	5K Run Men 50...	40:05.2	40:05.2	23:53.900	12:55.9
210 / 98 / 13	131	MILLER, Emily	15	BOISE ID	5K Run Women ...	40:05.2	40:05.2	23:53.900	12:55.9
212 / 99 / 15	170	SHEEHAN, Karen	42		5K Run Women ...	40:27.8	40:27.8	24:16.500	13:03.2
213 / 114 / 1	205	ANDERSON, Avery	6	MT HOME AFB ID	5K Walk Men 13...	40:33.5	40:33.5	24:22.200	13:05.0
214 / 115 / 1	204	ANDERSON, Alan	24	MT HOME AFB ID	5K Walk Men 19...	40:33.6	40:33.6	24:22.300	13:05.0
215 / 116 / 1	244	SUMMERS, David	46	NAMPA ID	5K Walk Men 45...	40:39.2	40:39.2	24:27.900	13:06.8
216 / 100 / 1	221	GOOCH, Victoria	55	BOISE ID	5K Walk Wome...	40:39.4	40:39.4	24:28.100	13:06.9
217 / 117 / 1	212	CURRY, Thom	58	BOISE ID	5K Walk Men 55...	40:41.0	40:41.0	24:29.700	13:07.4
218 / 101 / 2	192	WATERS, Donna	66	BOISE ID	5K Run Women ...	40:48.0	40:48.0	24:36.700	13:09.7
219 / 102 / 14	194	WEBER, Sheila	16	BOISE, ID	5K Run Women ...	40:58.6	40:58.6	24:47.300	13:13.1
220 / 103 / 16	108	LARSON, Ruth	40	BOISE ID	5K Run Women ...	41:09.2	41:09.2	24:57.900	13:16.5
221 / 118 / 2	148	NOLT, Leonard	70	BOISE ID	5K Run Men 70...	41:13.4	41:13.4	25:02.100	13:17.9
222 / 104 / 1	206	ANDERSON, Kelly	49	BOISE ID	5K Walk Wome...	41:14.8	41:14.8	25:03.500	13:18.3
223 / 105 / 7	258	MAYES, Justine	29		5K Run Women ...	41:34.9	41:34.9	25:23.600	13:24.8
224 / 106 / 1	217	DUBOIS, Lisa	42	MERIDIAN ID	5K Walk Wome...	43:42.0	43:42.0	27:30.700	14:05.8
225 / 107 / 1	242	STANGER, Pat	72	BOISE ID	5K Walk Wome...	44:03.7	44:03.7	27:52.400	14:12.8
226 / 108 / 1	207	BARKER, Dee	66	BOISE ID	5K Walk Wome...	44:15.4	44:15.4	28:04.100	14:16.6
227 / 109 / 13	151	OLNEY, Rosemarie	45	BOISE ID	5K Run Women ...	44:37.4	44:37.4	28:26.100	14:23.7
228 / 110 / 4	73	GRIFFIN, Mary	51	MT. HOME ID	5K Run Women ...	45:07.1	45:07.1	28:55.800	14:33.3
229 / 111 / 2	203	ALLEMAN, Juanell	71	BOISE ID	5K Walk Wome...	45:17.5	45:17.5	29:06.200	14:36.6
230 / 112 / 14	181	SYLVESTER, Teeocka	36	BOISE ID	5K Run Women ...	45:49.1	45:49.1	29:37.800	14:46.8
231 / 113 / 17	167	SCHWEHR, Linda	43	BOISE ID	5K Run Women ...	45:51.8	45:51.8	29:40.500	14:47.7
232 / 114 / 2	183	TANK, Cynthia	60	BOISE ID	5K Run Women ...	46:00.6	46:00.6	29:49.300	14:50.5
233 / 119 / 23	202	ZUZEL, Michael	49	BOISE ID	5K Run Men 45...	46:03.4	46:03.4	29:52.100	14:51.4
234 / 115 / 8	8	BARESTHER, Margaret	26	MERIDIAN ID	5K Run Women ...	46:16.0	46:16.0	30:04.700	14:55.5
235 / 116 / 2	210	CURRY, Gail	67	BOISE ID	5K Walk Wome...	46:42.8	46:42.8	30:31.500	15:04.1
235 / 120 / 1	211	CURRY, Joe	65	BOISE ID	5K Walk Men 65...	46:42.8	46:42.8	30:31.500	15:04.1
237 / 117 / 1	219	FREENEY, Heidi	39	BOISE ID	5K Walk Wome...	47:05.9	47:05.9	30:54.600	15:11.6
238 / 118 / 1	239	SINCLAIR, Karen	52	BOISE ID	5K Walk Wome...	47:26.2	47:26.2	31:14.900	15:18.1
239 / 119 / 3	241	STANCLIFF, Kate	70	CALDWELL ID	5K Walk Wome...	47:30.3	47:30.3	31:19.000	15:19.5
240 / 120 / 2	209	BRECKENRIDGE, Mary	59	BOISE ID	5K Walk Wome...	47:50.9	47:50.9	31:39.600	15:26.1
241 / 121 / 1	47	DOME, Mike	61	BOISE ID	5K Walk Men 60...	47:55.2	47:55.2	31:43.900	15:27.5
242 / 122 / 19	250	SHEEHAN, Jeffrey	43		5K Run Men 40...	49:25.8	49:25.8	33:14.500	15:56.7
243 / 121 / 1	305	SHEEHAN, Jennifer	12		5K Run Women ...	49:26.0	49:26.0	33:14.700	15:56.8
244 / 122 / 1	231	MARTINEZ, Amonica	10	BOISE ID	5K Walk Wome...	50:47.6	50:47.6	34:36.300	16:23.1
245 / 123 / 3	230	KNOWLTON, Vicki	57	BOISE ID	5K Walk Wome...	50:48.7	50:48.7	34:37.400	16:23.5
246 / 123 / 1	232	MONTGOMERY, Worth	77	NAMPA ID	5K Walk Men 75...	51:15.1	51:15.1	35:03.800	16:32.0
247 / 124 / 15	271	BOWMAN, Terry	38		5K Run Women ...	51:23.6	51:23.6	35:12.300	16:34.7

\* indicates adjustments applied, see last page for details

# New Years Day Run 2009

## Overall by Distance: 5K Continued

OvrAll /Gndr / Div	No	Name	Age	Representing	Division	Net Time	Total Time	Back	Pace
248 / 125 / 13	272	FORD, Cindy	33		5K Run Women ...	51:23.8	51:23.8	35:12.500	16:34.8
249 / 126 / 2	292	WEBER, Di	54		5K Walk Wome...	53:05.8	53:05.8	36:54.500	17:07.7
250 / 127 / 4	245	TRANA, Carol	58	MERIDIAN ID	5K Walk Wome...	53:40.6	53:40.6	37:29.300	17:18.9
251 / 124 / 2	247	UKELE, Gary	46	CASPER WY	5K Walk Men 45...	55:35.8	55:35.8	39:24.500	17:56.1
251 / 128 / 2	248	UKELE, Gretchen	46	CASPER WY	5K Walk Wome...	55:35.8	55:35.8	39:24.500	17:56.1
253 / 129 / 3	240	STALLINGS, Mary	46	NAMPA ID	5K Walk Wome...	55:36.7	55:36.7	39:25.400	17:56.4
254 / 130 / 3	225	HOPPIE, Kim	54	BOISE ID	5K Walk Wome...	59:48.1	59:48.1	43:36.800	19:17.5
255 / 131 / 2	223	GRAVES, Shannon	38	BOISE ID	5K Walk Wome...	1:06:36.1	1:06:36.1	50:24.800	21:29.1
256 / 125 / 2	246	TRANA, Jerry	61	MERIDIAN ID	5K Walk Men 60...	1:06:53.1	1:06:53.1	50:41.800	21:34.5