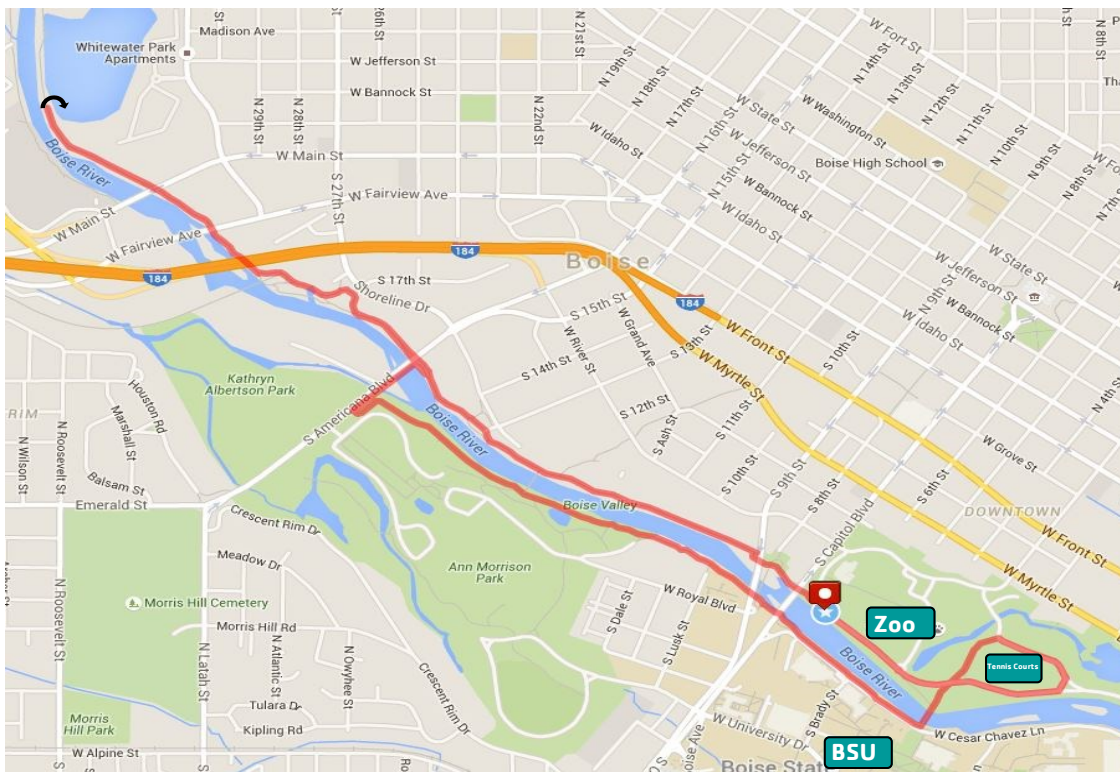




2016 St Patrick's Day Map

5 Mile Course Map



5 Mile Course Details:

Course begins at Julia Davis Band Shell, head east on greenbelt past the zoo, continue straight onto greenbelt towards tennis courts, take left to make loop around east side of tennis courts, cross Friendship Bridge and take right to continue west on greenbelt, go past BSU, head under Capital Blvd, go left off the green belt and right onto Ann Morrison Bridge, turn right on greenbelt and go slightly down to make a U-turn to go west on greenbelt under Americana Blvd, head west onto greenbelt, head under I-84, and continue to turn around point, then head back east and on to the finish line.

5 Mile—Starts at 10:00am

Race Instructions:

- Be sure to check all the information when picking up your race number to make certain all information is correct. Let a race official or volunteer know so they can make appropriate changes prior to the start of the race. The best time to do this is at Packet Pick-up.
- Pin your race number on the front of your body on the outside layer of clothing. Make sure the number and tag is clearly visible at all times.
- Please position yourself at the starting line according to your running or walking ability. All participants with strollers, or dogs on a leash should start in the back!
- Please stay to the right at all times unless you are passing. Please allow room for faster participants to pass by not running or walking more than two abreast. Please proceed quickly through the finish chute.
- The Treasure Valley Dietitians are providing a healthy and delicious, post race brown bag featuring all five food groups. Your brown bag will include a bagel from Blue Sky Bagel, cream cheese, string cheese, fruit, veggies and of course a napkin. Bottled Water is provided by Coca-Cola.
- Awards will be presented as soon as results are tallied by the race officials. Results will be posted at www.ymcatvidaho.com.