

The Basic 5 Run and Walk 2010 Final Results

Wednesday, March 17, 2010 1:52:43 PM

Overall by Distance: 1 Mile

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
1 / 1 / 1	529	MELTON, Jared	14	NAMPA ID	Overall 1 Mile ...	6:24.6	+0:00.0	6:24.6
2 / 2 / 2	512	HALLADAY, Tren	10	KUNA ID	Overall 1 Mile ...	7:13.6	+0:49.0	7:13.6
3 / 3 / 3	526	MAGUIRE, Beck	7	BOISE ID	Overall 1 Mile ...	7:37.8	+1:13.2	7:37.8
4 / 4 / 1	599	MICHENER, James	9		1 Mile Male 9-10	7:38.5	+1:13.9	7:38.5
5 / 1 / 1	594	SIMONICH, Isabelle	9		Overall 1 Mile F...	7:40.3	+1:15.7	7:40.3
6 / 5 / 1	461	DONAHUE, Brennen	8	BOISE ID	1 Mile Male 7-8	7:50.8	+1:26.2	7:50.8
7 / 2 / 2	544	SMITH, Annika	9	BOISE ID	Overall 1 Mile F...	7:58.5	+1:33.9	7:58.5
7 / 6 / 2	546	TOOLE, Torin	7	BOISE ID	1 Mile Male 7-8	7:58.5	+1:33.9	7:58.5
9 / 7 / 2	442	ANDREAS, Nicolai	10	BOISE ID	1 Mile Male 9-10	8:04.3	+1:39.7	8:04.3
10 / 8 / 3	525	LUCE, John	9	BOISE ID	1 Mile Male 9-10	8:09.0	+1:44.4	8:09.0
11 / 9 / 4	271	LYONS, Michael	9	NAMPA ID	1 Mile Male 9-10	8:09.9	+1:45.3	8:09.9
12 / 10 / 1	531	MOCABY, Drake	11	KUNA ID	1 Mile Male 11-...	8:19.1	+1:54.5	8:19.1
13 / 11 / 5	476	CLARK, Cyruss	10	BOISE ID	1 Mile Male 9-10	8:32.5	+2:07.9	8:32.5
14 / 12 / 1	515	HIBBS, Clay	6	BOISE ID	1 Mile Male 6 &...	8:43.1	+2:18.5	8:43.1
15 / 13 / 2	256	JUAREZ, Joshua	11		1 Mile Male 11-...	8:43.8	+2:19.2	8:43.8
16 / 3 / 3	503	GERRY, Mason	8	PRAIRIE CITY OR	Overall 1 Mile F...	8:46.1	+2:21.5	8:46.1
17 / 4 / 1	477	COMISH, Faith	9	BOISE ID	1 Mile Female 9...	8:56.9	+2:32.3	8:56.9
18 / 14 / 6	496	DUNKIN, Alex	9	BOISE ID	1 Mile Male 9-10	8:58.1	+2:33.5	8:58.1
19 / 15 / 3	445	ASHBY, Ian	8	MERIDIAN ID	1 Mile Male 7-8	9:02.5	+2:37.9	9:02.5
20 / 5 / 2	453	BARBER, Olivia	9	BOISE ID	1 Mile Female 9...	9:12.9	+2:48.3	9:12.9
21 / 16 / 4	545	SMITH, Jacoby	7	BOISE ID	1 Mile Male 7-8	9:16.7	+2:52.1	9:16.7
22 / 17 / 2	475	CLARK, Caden	6	BOISE ID	1 Mile Male 6 &...	9:20.1	+2:55.5	9:20.1
23 / 18 / 7	535	OSBORN, Drew	10	BOISE ID	1 Mile Male 9-10	9:30.6	+3:06.0	9:30.6
24 / 6 / 1	138	TOBIN, Mikella	5	BOISE ID	1 Mile Female 6...	9:36.6	+3:12.0	9:36.6
25 / 19 / 5	559	KEELEY, Tristan	7	BOISE ID	1 Mile Male 7-8	9:36.8	+3:12.2	9:36.8
26 / 20 / 3	623	ODONNELL, Thomas	11		1 Mile Male 11-...	9:38.3	+3:13.7	9:38.3
27 / 7 / 1	471	CADWELL, Emily	7	BOISE ID	1 Mile Female 7...	9:39.8	+3:15.2	9:39.8
28 / 21 / 8	541	SANCHEZ, Andres	10	KUNA ID	1 Mile Male 9-10	9:47.5	+3:22.9	9:47.5
29 / 8 / 2	514	HANSEN, Olivia	8	MERIDIAN ID	1 Mile Female 7...	9:48.8	+3:24.2	9:48.8
30 / 9 / 3	444	APPLE, Haley	9	BOISE ID	1 Mile Female 9...	9:49.6	+3:25.0	9:49.6
31 / 10 / 4	254	JUAREZ, Angela	9		1 Mile Female 9...	9:50.2	+3:25.6	9:50.2
32 / 11 / 3	501	GADDIS, Emory	7	BOISE ID	1 Mile Female 7...	9:52.1	+3:27.5	9:52.1
33 / 22 / 9	495	DUNCAN, Cameron	9	BOISE ID	1 Mile Male 9-10	9:54.5	+3:29.9	9:54.5
34 / 12 / 5	502	GADDIS, Grace	9	BOISE ID	1 Mile Female 9...	10:01.8	+3:37.2	10:01.8
35 / 13 / 6	508	GROVES, Heidi	9	BOISE ID	1 Mile Female 9...	10:03.9	+3:39.3	10:03.9
36 / 14 / 4	516	KNIFE, Megan	7		1 Mile Female 7-8	10:04.9	+3:40.3	10:04.9
37 / 23 / 6	459	BINGHAM, Corey	8	MERIDIAN ID	1 Mile Male 7-8	10:14.5	+3:49.9	10:14.5
38 / 15 / 1	497	DUNKIN, Kelsey	11	BOISE ID	1 Mile Female 1...	10:15.6	+3:51.0	10:15.6
39 / 16 / 7	499	FRANK, Ella	9	BOISE ID	1 Mile Female 9...	10:20.8	+3:56.2	10:20.8
40 / 24 / 3	493	DOWNIE, Devon	5	EAGLE ID	1 Mile Male 6 &...	10:21.9	+3:57.3	10:21.9
41 / 25 / 10	527	MAURY, Ethan	9	BOISE ID	1 Mile Male 9-10	10:31.4	+4:06.8	10:31.4
42 / 26 / 4	506	GODA, Keisuke	5	BOISE ID	1 Mile Male 6 & ...	10:33.3	+4:08.7	10:33.3
43 / 17 / 8	486	DAVIS, Desiree	9	BOISE ID	1 Mile Female 9...	10:34.2	+4:09.6	10:34.2
44 / 27 / 5	505	GIBSON, Nicholas	5	BURLEY ID	1 Mile Male 6 & ...	10:37.7	+4:13.1	10:37.7
45 / 28 / 7	540	SANCHEZ, Adrian	8	KUNA ID	1 Mile Male 7-8	10:39.2	+4:14.6	10:39.2
46 / 29 / 8	484	DALEY, Aidan	7	BOISE ID	1 Mile Male 7-8	10:39.5	+4:14.9	10:39.5
47 / 30 / 6	537	POLLOCK, Zac	6	MERIDIAN ID	1 Mile Male 6 & ...	10:41.5	+4:16.9	10:41.5
48 / 31 / 7	542	SHELL, Andy	5	BOISE ID	1 Mile Male 6 & ...	10:42.6	+4:18.0	10:42.6
49 / 32 / 9	478	COVEY, Anders	7	BOISE ID	1 Mile Male 7-8	10:45.0	+4:20.4	10:45.0
50 / 33 / 8	554	WIRTH, Mac	5	BOISE ID	1 Mile Male 6 & ...	10:47.8	+4:23.2	10:47.8
51 / 18 / 5	440	ADAMS, Gabbie	7	NAMPA ID	1 Mile Female 7-8	10:48.4	+4:23.8	10:48.4
52 / 19 / 2	500	FRANK, Vani	6	BOISE ID	1 Mile Female 6...	10:50.0	+4:25.4	10:50.0
53 / 20 / 3	443	APPLE, Ella	6	BOISE ID	1 Mile Female 6...	10:51.4	+4:26.8	10:51.4
54 / 21 / 9	518	JAMES, Grace	9	BOISE ID	1 Mile Female 9...	10:53.0	+4:28.4	10:53.0
55 / 34 / 11	488	DELEON, Gabriel	9	BOISE ID	1 Mile Male 9-10	10:59.7	+4:35.1	10:59.7
56 / 22 / 4	462	BLUE, Bebe	6	BOISE ID	1 Mile Female 6 ...	11:06.5	+4:41.9	11:06.5
57 / 23 / 6	511	HALLADAY, Ryann	8	KUNA ID	1 Mile Female 7-8	11:10.9	+4:46.3	11:10.9
58 / 24 / 5	509	HALLADAY, Baily	5	KUNA ID	1 Mile Female 6 ...	11:11.1	+4:46.5	11:11.1

* indicates adjustments applied, see last page for details

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The Basic 5 Run and Walk 2010

Overall by Distance: 1 Mile Continued

OvrAll /Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
59 / 25 / 6	536	OSBORN, Emrie	6	BOISE ID	1 Mile Female 6 ...	11:17.3	+4:52.7	11:17.3
60 / 26 / 7	556	WRIGHT, Chloe	6	MERIDIAN ID	1 Mile Female 6 ...	11:19.4	+4:54.8	11:19.4
61 / 35 / 4	441	AGUAYO, Mario	12	CALDWELL ID	1 Mile Male 11-12	11:20.5	+4:55.9	11:20.5
62 / 36 / 9	450	BAKER, Dylan	6	BOISE ID	1 Mile Male 6 & ...	11:22.0	+4:57.4	11:22.0
63 / 27 / 7	451	BAKER, Ella	8	BOISE ID	1 Mile Female 7-8	11:22.4	+4:57.8	11:22.4
64 / 28 / 10	480	COVEY, Meredith	9	BOISE ID	1 Mile Female 9...	11:24.8	+5:00.2	11:24.8
65 / 29 / 11	603	BILLINGS, Anna	10		1 Mile Female 9...	11:25.0	+5:00.4	11:25.0
66 / 37 / 10	530	MERTES, Jachin	5	BOISE ID	1 Mile Male 6 & ...	11:32.1	+5:07.5	11:32.1
67 / 30 / 8	549	WEBER WELLS, Ella	7	BOISE ID	1 Mile Female 7-8	11:34.4	+5:09.8	11:34.4
68 / 31 / 8	596	SIMONICH, Ava	5		1 Mile Female 6 ...	11:36.4	+5:11.8	11:36.4
69 / 32 / 9	528	MROBERTS, Mylie	4	BOISE ID	1 Mile Female 6 ...	11:37.2	+5:12.6	11:37.2
70 / 33 / 9	520	KERNIN, Alyssa	7	BOISE ID	1 Mile Female 7-8	11:37.7	+5:13.1	11:37.7
71 / 38 / 11	510	HALLADAY, Cooper	5	KUNA ID	1 Mile Male 6 & ...	11:41.3	+5:16.7	11:41.3
72 / 34 / 2	490	DOUGAL, Hannah	11	MIDVALE UT	1 Mile Female 1...	11:41.8	+5:17.2	11:41.8
73 / 35 / 1	519	KECK, Sara	13	MOUNTAIN HOME ID	1 Mile Female 1...	11:47.4	+5:22.8	11:47.4
74 / 39 / 12	460	BIRD, Cameron	4	KUNA ID	1 Mile Male 6 & ...	11:51.5	+5:26.9	11:51.5
75 / 36 / 10	543	SHELL, Emma	5	BOISE ID	1 Mile Female 6 ...	11:52.5	+5:27.9	11:52.5
76 / 37 / 3	458	BINGHAM, Allison	11	MERIDIAN ID	1 Mile Female 1...	11:53.4	+5:28.8	11:53.4
77 / 38 / 10	487	DELEON, Denise	7	BOISE ID	1 Mile Female 7-8	11:57.7	+5:33.1	11:57.7
78 / 39 / 12	489	DEMPSTER, Dalia	9	BOISE ID	1 Mile Female 9...	11:59.9	+5:35.3	11:59.9
79 / 40 / 13	492	DOWNIE, Cameron	4	EAGLE ID	1 Mile Male 6 & ...	12:03.4	+5:38.8	12:03.4
80 / 40 / 11	463	BLUE, Olivia	6	BOISE ID	1 Mile Female 6 ...	12:04.1	+5:39.5	12:04.1
81 / 41 / 11	491	DOUGAL, Keirstan	8	NAMPA ID	1 Mile Female 7-8	12:29.8	+6:05.2	12:29.8
82 / 41 / 14	498	EMERSON, Waylon	5	MERIDIAN ID	1 Mile Male 6 & ...	12:30.5	+6:05.9	12:30.5
83 / 42 / 12	469	BOYER, Alexandria	5	BOISE ID	1 Mile Female 6 ...	12:32.0	+6:07.4	12:32.0
84 / 43 / 12	474	CHICK, Emily	8	BOISE ID	1 Mile Female 7-8	12:47.4	+6:22.8	12:47.4
85 / 44 / 13	449	BAHM, Ellie	6	BOISE ID	1 Mile Female 6 ...	13:03.0	+6:38.4	13:03.0
86 / 45 / 14	560	KEELEY, Roxy	5	BOISE ID	1 Mile Female 6 ...	13:04.8	+6:40.2	13:04.8
87 / 42 / 15	513	HANSEN, James	6	MERIDIAN ID	1 Mile Male 6 & ...	13:09.7	+6:45.1	13:09.7
88 / 43 / 16	550	WEBER-WELLS, Liam	6	BOISE ID	1 Mile Male 6 & ...	13:27.9	+7:03.3	13:27.9
89 / 46 / 13	481	CROSSLEY, Brooke	9	CALDWELL ID	1 Mile Female 9...	13:56.1	+7:31.5	13:56.1
90 / 44 / 17	539	REYNARD, Hagan	6	BOISE ID	1 Mile Male 6 & ...	14:09.3	+7:44.7	14:09.3
91 / 47 / 13	447	AUBREY, Maddie	7	BOISE ID	1 Mile Female 7-8	14:29.3	+8:04.7	14:29.3
92 / 45 / 18	629	CHANG, Cory	6		1 Mile Male 6 & ...	14:44.7	+8:20.1	14:44.7
93 / 48 / 15	479	COVEY, Caroline	5	BOISE ID	1 Mile Female 6 ...	14:47.2	+8:22.6	14:47.2
94 / 49 / 14	558	FLOWERS, Chloe	7	MERIDIAN ID	1 Mile Female 7-8	14:49.8	+8:25.2	14:49.8
95 / 46 / 19	485	DALEY, Brian	5	BOISE ID	1 Mile Male 6 & ...	15:51.2	+9:26.6	15:51.2
96 / 47 / 20	446	ASHBY, Mason	6	MERIDIAN ID	1 Mile Male 6 & ...	15:56.2	+9:31.6	15:56.2
97 / 50 / 16	548	VANDERLIN, Bella	5	BOISE ID	1 Mile Female 6 ...	15:57.0	+9:32.4	15:57.0
98 / 51 / 15	452	BARBER, Kaitlynn	7	BOISE ID	1 Mile Female 7-8	15:57.1	+9:32.5	15:57.1
99 / 52 / 17	538	PYLE, Isabella	3	BOISE ID	1 Mile Female 6 ...	16:16.7	+9:52.1	16:16.7
100 / 53 / 18	465	BONDURANT, Katelyn	3	BOISE ID	1 Mile Female 6 ...	16:21.4	+9:56.8	16:21.4
101 / 54 / 19	466	BONDURANT, Katelyn	3	BOISE ID	1 Mile Female 6 ...	16:22.6	+9:58.0	16:22.6
102 / 55 / 16	504	GIBSON, Kayla	8	BURLEY ID	1 Mile Female 7-8	18:18.9	+11:54.3	18:18.9
103 / 48 / 5	482	CROSSLEY, Tanner	11	CALDWELL ID	1 Mile Male 11-12	18:23.1	+11:58.5	18:23.1
104 / 56 / 17	517	IRONS, Ashley	7	TWIN FALLS ID	1 Mile Female 7-8	18:28.8	+12:04.2	18:28.8
105 / 57 / 20	470	BOYER, Margaux	3	BOISE ID	1 Mile Female 6 ...	18:55.9	+12:31.3	18:55.9
106 / 49 / 21	551	WELCKER, James	4	BOISE ID	1 Mile Male 6 & ...	20:09.0	+13:44.4	20:09.0
107 / 50 / 22	552	WELCKER, Oliver	2	BOISE ID	1 Mile Male 6 & ...	28:24.9	+22:00.3	28:24.9

Overall by Distance: 5 Kilo

OvrAll /Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
1 / 1 / 1	322	STEPHENS, Dan	46	MERIDIAN ID	Overall 5K Run ...	18:30.6	+0:00.0	5:58.3
2 / 2 / 2	250	JOHNSON, Paul	51	BOISE ID	Overall 5K Run ...	19:29.2	+0:58.6	6:17.2
3 / 3 / 3	241	HARTER, Reid	59	BOISE ID	Overall 5K Run ...	20:33.8	+2:03.2	6:38.0
4 / 4 / 1	300	PIPER, Kevin	40	EAGLE ID	5K Run Men 40...	20:45.7	+2:15.1	6:41.8
5 / 5 / 1	154	ASHBY, John	33	MERIDIAN ID	5K Run Men 30...	20:57.2	+2:26.6	6:45.5
6 / 6 / 2	578	MCCORMICK, Treon	33	MERIDIAN ID	5K Run Men 30...	21:07.4	+2:36.8	6:48.8
7 / 7 / 2	355	WOLFE, Walter	44	BOISE ID	5K Run Men 40...	22:45.5	+4:14.9	7:20.5
8 / 8 / 1	190	DAVIS, Phil	63	MARTIN TN	5K Run Men 60...	22:49.8	+4:19.2	7:21.9
9 / 9 / 1	260	KEMP, Ryan	29	BOISE ID	5K Run Men 25...	22:57.9	+4:27.3	7:24.5
10 / 10 / 1	317	SIEBER, Tim	16	MOUNTAIN HOME ID	5K Run Men 14...	23:07.6	+4:37.0	7:27.6

* indicates adjustments applied, see last page for details

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The Basic 5 Run and Walk 2010

Overall by Distance: 5 Kilo Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
11 / 11 / 1	352	WILSON, Greg	36	MERIDIAN ID	5K Run Men 35...	23:28.0	+4:57.4	7:34.2
12 / 12 / 2	337	VICTOR, Christopher	25	MERIDIAN ID	5K Run Men 25...	23:39.0	+5:08.4	7:37.7
13 / 1 / 1	245	HINES, Jenna	22	BOISE ID	Overall 5K Run ...	23:39.2	+5:08.6	7:37.8
14 / 2 / 2	264	KREISLE, Barb	41	BOISE ID	Overall 5K Run ...	24:03.0	+5:32.4	7:45.5
15 / 13 / 3	208	FARIAS, Andrew	29	BOISE ID	5K Run Men 25...	24:21.7	+5:51.1	7:51.5
16 / 14 / 1	356	WYLIE, Allan	55	BOISE ID	5K Run Men 55...	24:33.2	+6:02.6	7:55.2
17 / 3 / 3	219	FRANZ, Darra	37	BOISE ID	Overall 5K Run ...	24:37.1	+6:06.5	7:56.5
18 / 4 / 1	571	WHITE, Sienna	13	BOISE ID	5K Run Women...	24:55.8	+6:25.2	8:02.5
19 / 15 / 3	238	HALLOCK, Elden	31	BOISE ID	5K Run Men 30...	24:56.7	+6:26.1	8:02.8
20 / 5 / 1	331	TOOLE, Amber	34	BOISE ID	5K Run Women...	24:58.8	+6:28.2	8:03.5
21 / 16 / 1	247	HOLDEN, Tom	47	BOISE ID	5K Run Men 45...	25:00.3	+6:29.7	8:04.0
22 / 17 / 4	194	DIBIASE, David	33	MOUNTIAN HOME ID	5K Run Men 30...	25:02.7	+6:32.1	8:04.7
23 / 18 / 5	329	TITTSWORTH, John	32	BOISE ID	5K Run Men 30...	25:04.1	+6:33.5	8:05.2
24 / 19 / 2	167	BLACK, David	15	MERIDEIAN ID	5K Run Men 14...	25:06.5	+6:35.9	8:06.0
25 / 6 / 1	328	TILSON, Amber	28	NAMPA ID	5K Run Women...	25:21.8	+6:51.2	8:10.9
26 / 20 / 1	235	GURGEL, Charlie	10	EAGLE ID	5K Run Women 13...	25:28.8	+6:58.2	8:13.2
27 / 7 / 1	187	CRUZ, Natalie	35	CALDWELL ID	5K Run Women...	25:53.9	+7:23.3	8:21.3
28 / 21 / 4	220	FREDRICKSEN, Eric	25	BOISE ID	5K Run Men 25...	26:09.7	+7:39.1	8:26.4
29 / 8 / 1	221	FREDRIKSEN, Jana	24	BOISE ID	5K Run Women...	26:09.8	+7:39.2	8:26.4
30 / 22 / 6	330	TOMAN, David	30	MOUNTAIN HOME ID	5K Run Men 30...	26:11.8	+7:41.2	8:27.0
31 / 9 / 2	244	HAYES, Ashley	23	NAMPA ID	5K Run Women...	26:24.9	+7:54.3	8:31.3
32 / 10 / 1	246	HINES, Kendra	50	BOISE ID	5K Run Women...	26:25.5	+7:54.9	8:31.5
32 / 23 / 2	278	MCCANN, Zack	10	STAR ID	5K Run Men 13...	26:25.5	+7:54.9	8:31.5
34 / 11 / 3	584	STONE, Roxanne	19	GARDEN CITY ID	5K Run Women...	26:28.7	+7:58.1	8:32.5
35 / 24 / 1	586	OLLIVANT, Dan	52		5K Run Men 50...	27:04.2	+8:33.6	8:43.9
36 / 12 / 2	354	WOLFE, Jennifer	33	BOISE ID	5K Run Women...	27:09.4	+8:38.8	8:45.6
37 / 25 / 1	166	BIRD, Tyson	23	BOISE ID	5K Run Men 19...	27:14.4	+8:43.8	8:47.2
38 / 26 / 7	336	VERGARA, Gary	30	MOUNTAIN HOME ID	5K Run Men 30...	27:21.6	+8:51.0	8:49.5
39 / 27 / 5	315	SHANE, Curtis	26	MOUNTAIN HOME A F B ID	5K Run Men 25...	27:22.2	+8:51.6	8:49.7
40 / 13 / 2	150	ADAMS, Terri	39	NAMPA ID	5K Run Women...	27:37.0	+9:06.4	8:54.5
41 / 28 / 3	346	WHEELER, Gavin	12	NAMPA ID	5K Run Men 13...	27:37.8	+9:07.2	8:54.8
42 / 29 / 8	176	CALLENDER, Timothy	31	BOISE ID	5K Run Men 30...	27:42.2	+9:11.6	8:56.2
43 / 30 / 2	203	DOYLE, Tyler	23	BOISE ID	5K Run Men 19...	28:22.7	+9:52.1	9:09.3
44 / 14 / 3	345	WELLER, Angeli	34	BOISE ID	5K Run Women...	28:32.4	+10:01.8	9:12.4
45 / 31 / 4	168	BLACK, Jacob	11	MERIDEIAN ID	5K Run Men 13 ...	28:50.8	+10:20.2	9:18.3
46 / 15 / 4	225	GERRY, Samantha	34	PRAIRIE CITY OR	5K Run Women ...	28:50.9	+10:20.3	9:18.4
47 / 32 / 3	284	MODLER, Tyler	14	MERIDIAN ID	5K Run Men 14...	29:07.0	+10:36.4	9:23.5
48 / 16 / 1	199	DONAHUE, Casey	45	BOISE ID	5K Run Women...	29:14.6	+10:44.0	9:26.0
49 / 17 / 2	572	WHITE, Quinn	8	BOISE ID	5K Run Women...	29:43.2	+11:12.6	9:35.2
50 / 18 / 5	157	BALL, Allison	31	MERIDIAN ID	5K Run Women ...	29:56.9	+11:26.3	9:39.6
51 / 19 / 6	237	HAGADORN, Joann	34	NAMPA ID	5K Run Women ...	29:57.7	+11:27.1	9:39.9
52 / 33 / 9	311	SALTOS, Jorge	30	BOISE ID	5K Run Men 30...	29:58.0	+11:27.4	9:40.0
53 / 34 / 5	215	FLAKE, Wesley	7	HORSESHOE BEND ID	5K Run Men 13 ...	30:07.0	+11:36.4	9:42.9
54 / 20 / 7	213	FLAKE, Melanie	33	HORSESHOE BEND ID	5K Run Women ...	30:07.4	+11:36.8	9:43.0
55 / 21 / 3	286	NAKASHIMA, Toni	35	NAMPA ID	5K Run Women...	30:12.7	+11:42.1	9:44.7
56 / 22 / 4	347	WHITT, Kandice	23	MOUNTAIN HOME ID	5K Run Women ...	30:54.1	+12:23.5	9:58.1
57 / 23 / 1	289	ODONNELL, Sarah	18	BOISE ID	5K Run Women...	30:59.0	+12:28.4	9:59.7
58 / 24 / 2	156	BAIRD, Brenda	46	BOISE ID	5K Run Women...	31:26.7	+12:56.1	10:08.6
59 / 25 / 4	343	WEBER, Lana	35	BOISE ID	5K Run Women ...	31:29.3	+12:58.7	10:09.5
60 / 35 / 1	423	SITTER, Clay	26	MT HOME ID	Overall 5K Wal...	31:39.2	+13:08.6	10:12.6
61 / 26 / 8	196	DISNEY, Brooke	32	MERIDIAN ID	5K Run Women ...	31:42.4	+13:11.8	10:13.7
62 / 27 / 2	229	GOSS, Rebecca	28	BOISE ID	5K Run Women...	31:42.8	+13:12.2	10:13.8
63 / 28 / 3	619	JOSEPHSON, Hannah	29		5K Run Women...	31:43.6	+13:13.0	10:14.1
64 / 36 / 1	178	CHILD, Vern	65	BOISE ID	5K Run Men 65...	31:45.0	+13:14.4	10:14.5
65 / 37 / 3	193	DEUGAN, Kent	41	NAMPA ID	5K Run Men 40...	31:48.5	+13:17.9	10:15.6
66 / 38 / 2	394	KAUPINS, Gundy	53	BOISE ID	Overall 5K Wal...	31:57.6	+13:27.0	10:18.6
67 / 29 / 1	268	LIVINGSTON, Cathy	42	BOISE ID	5K Run Women...	32:07.4	+13:36.8	10:21.7
68 / 30 / 5	312	SAWREY, Kari	39	KETCHUM ID	5K Run Women ...	32:11.0	+13:40.4	10:22.9
69 / 39 / 6	285	NAKASHIMA, Aden	10	NAMPA ID	5K Run Men 13 ...	32:13.7	+13:43.1	10:23.8
70 / 31 / 9	573	GORRINGE, Rachel	30	BOISE ID	5K Run Women ...	32:28.3	+13:57.7	10:28.5
71 / 40 / 4	169	BOTHEN, Grant	40	BOISE ID	5K Run Men 40...	32:34.8	+14:04.2	10:30.6
72 / 32 / 6	170	BOTHEN, Stephani	36	BOISE ID	5K Run Women ...	32:34.9	+14:04.3	10:30.6
73 / 33 / 5	340	WARWICK, Sadie	22	BOISE ID	5K Run Women ...	32:35.4	+14:04.8	10:30.8

* indicates adjustments applied, see last page for details

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The Basic 5 Run and Walk 2010

Overall by Distance: 5 Kilo Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
74 / 34 / 1	380	GOURLEY, Kristen	31	BOUNTIFUL UT	Overall 5K Wal...	32:51.3	+14:20.7	10:35.9
75 / 35 / 3	634	HAGADORN, Miranda	12		5K Run Women...	32:51.7	+14:21.1	10:36.0
76 / 41 / 5	266	LECHTENBERG, Kurt	41	KUNA ID	5K Run Men 40...	32:54.2	+14:23.6	10:36.8
77 / 36 / 10	151	ANDERSON, Jensa	31	MERIDIAN ID	5K Run Women ...	32:56.9	+14:26.3	10:37.7
78 / 37 / 4	232	GREEN, Hannah	12	BOISE ID	5K Run Women ...	33:00.0	+14:29.4	10:38.7
79 / 38 / 2	507	GREEN, Gina	40	BOISE ID	5K Run Women...	33:00.7	+14:30.1	10:38.9
80 / 39 / 2	323	STERR, Teresa	54	BOISE ID	5K Run Women...	33:06.1	+14:35.5	10:40.7
81 / 40 / 11	158	BARBER, Katrina	31	BOISE ID	5K Run Women ...	33:12.9	+14:42.3	10:42.9
82 / 41 / 12	216	FORBE, Nicole	33	BOISE ID	5K Run Women ...	33:13.7	+14:43.1	10:43.1
83 / 42 / 4	303	RAMIREZ, Angelita	29	NAMPA ID	5K Run Women ...	33:18.5	+14:47.9	10:44.7
84 / 43 / 1	262	KIRKPATRICK, Yvonne	55	KUNA ID	5K Run Women...	33:30.1	+14:59.5	10:48.4
85 / 44 / 7	270	LYONS, Tami	38	NAMPA ID	5K Run Women ...	33:37.0	+15:06.4	10:50.6
86 / 45 / 13	277	MARSH, Natalie	32	BOISE ID	5K Run Women ...	33:42.6	+15:12.0	10:52.5
87 / 46 / 5	209	FISHER, Miranda	28	COEUR DALENE ID	5K Run Women ...	33:48.5	+15:17.9	10:54.4
88 / 42 / 10	348	WILBUR, Roger	32	STAR ID	5K Run Men 30...	33:59.8	+15:29.2	10:58.0
89 / 43 / 3	400	KIRKPATRICK, Mark	55	KUNA ID	Overall 5K Wal...	34:02.7	+15:32.1	10:58.9
90 / 47 / 3	325	TADDICKEN, Julie	46	BOISE ID	5K Run Women...	34:09.5	+15:38.9	11:01.1
91 / 48 / 8	263	KNICKERBOCKER, Ginger	37	BOISE ID	5K Run Women ...	34:11.0	+15:40.4	11:01.6
92 / 44 / 2	162	BECK, Randy	38	BOISE ID	5K Run Men 35...	34:11.7	+15:41.1	11:01.8
93 / 49 / 9	257	KADING, Renee	35	BOISE ID	5K Run Women ...	34:17.3	+15:46.7	11:03.6
94 / 45 / 3	155	AUBREY, Darin	37	BOISE ID	5K Run Men 35...	34:32.8	+16:02.2	11:08.6
95 / 50 / 14	188	CURTIS, Heidi	32	NAMPA ID	5K Run Women ...	34:38.2	+16:07.6	11:10.4
96 / 51 / 6	307	ROBERTSON, Tonya	25	BOISE ID	5K Run Women ...	34:38.5	+16:07.9	11:10.5
97 / 52 / 10	319	SKUPIEN, Stephanie	37	BOISE ID	5K Run Women ...	34:47.7	+16:17.1	11:13.5
98 / 46 / 2	185	CROCKFORD, Tom	47	BOISE ID	5K Run Men 45...	34:47.9	+16:17.3	11:13.5
99 / 47 / 6	231	GREELEY, David	28	NAMPA ID	5K Run Men 25...	34:54.5	+16:23.9	11:15.6
100 / 53 / 15	579	MCCORMICK, Misti	30	MERIDIAN ID	5K Run Women ...	35:26.6	+16:56.0	11:26.0
101 / 48 / 7	210	FLAKE, Ammon	11	HORSESHOE BEND ID	5K Run Men 13 ...	35:32.5	+17:01.9	11:27.9
102 / 49 / 3	192	DESPOT, Steve	46	BOISE ID	5K Run Men 45...	35:37.1	+17:06.5	11:29.4
103 / 54 / 11	228	GLICK, Nancy	37	KETCHUM ID	5K Run Women ...	35:38.9	+17:08.3	11:30.0
104 / 50 / 11	308	RODRIGUEZ, Marcos	32	CALDWELL ID	5K Run Men 30...	35:43.8	+17:13.2	11:31.5
105 / 55 / 16	252	JONES, Misty	31	BOISE ID	5K Run Women ...	35:45.5	+17:14.9	11:32.1
106 / 56 / 12	181	COOPER, Cathy	39	BOISE ID	5K Run Women ...	35:45.6	+17:15.0	11:32.1
107 / 57 / 7	349	WILCOX, Carissa	27	MERIDIAN ID	5K Run Women ...	35:46.5	+17:15.9	11:32.4
108 / 58 / 17	164	BENEDICK, Pam	33	CALDWELL ID	5K Run Women ...	35:48.1	+17:17.5	11:32.9
109 / 59 / 3	288	ODONNELL, Janat	50	BOISE ID	5K Run Women...	35:54.9	+17:24.3	11:35.1
110 / 60 / 1	201	DOYLE, Elizabeth	60	CALDWELL ID	5K Run Women...	36:01.0	+17:30.4	11:37.1
111 / 61 / 2	557	FLOWERS, Tayler	14	MERIDIAN ID	5K Run Women...	36:04.4	+17:33.8	11:38.2
112 / 62 / 18	612	FLOWERS, Angela	32		5K Run Women ...	36:04.6	+17:34.0	11:38.3
113 / 63 / 4	242	HATCH, Lisa	50	BOISE ID	5K Run Women ...	36:12.6	+17:42.0	11:40.8
114 / 51 / 2	128	SQUIRES, Rick	52	EAGLE ID	5K Run Men 50...	36:13.5	+17:42.9	11:41.1
115 / 52 / 2	305	REIFSNYDER, Bud	65	FRUITLAND ID	5K Run Men 65...	36:16.2	+17:45.6	11:42.0
116 / 64 / 2	359	BASSIRI, Sue	50	BOISE ID	Overall 5K Wal...	36:18.3	+17:47.7	11:42.7
117 / 65 / 8	281	MERRELL, Emalee	27	MERIDIAN ID	5K Run Women ...	36:20.8	+17:50.2	11:43.5
118 / 66 / 5	248	HYNDMAN, Dianne	54	NAMPA ID	5K Run Women ...	36:31.0	+18:00.4	11:46.8
119 / 67 / 19	585	MACK, Brooke	32		5K Run Women ...	36:35.2	+18:04.6	11:48.1
120 / 53 / 4	294	OSBORN, Mike	37	BOISE ID	5K Run Men 35...	36:35.5	+18:04.9	11:48.2
121 / 68 / 2	234	GRIMMETT, Katherine	59	BOISE ID	5K Run Women...	36:54.8	+18:24.2	11:54.5
122 / 69 / 4	320	SMITH, Toni	45	BOISE ID	5K Run Women ...	37:01.1	+18:30.5	11:56.5
123 / 70 / 5	342	WEATHERILL, Vicki	49	BOISE ID	5K Run Women ...	37:01.3	+18:30.7	11:56.5
124 / 71 / 3	341	WEATHERILL, Kimberly	18	BOISE ID	5K Run Women...	37:01.6	+18:31.0	11:56.6
125 / 72 / 3	378	FISCHER, Kristina	26	BOISE ID	Overall 5K Wal...	37:06.1	+18:35.5	11:58.1
126 / 73 / 3	183	COUCH, Betsy	40	CALDWELL ID	5K Run Women...	37:12.4	+18:41.8	12:00.1
127 / 74 / 4	240	HARRIS, Dawn	44	MERIDIAN ID	5K Run Women ...	37:12.6	+18:42.0	12:00.2
128 / 75 / 5	259	KELLOGG, Cassandra	43	LA GRAND OR	5K Run Women ...	37:21.7	+18:51.1	12:03.1
129 / 54 / 6	233	GRIGG, Rob	41	KUNA ID	5K Run Men 40...	37:21.8	+18:51.2	12:03.2
130 / 55 / 1	408	OLIVER, David	41	NEW PLYMOUTH ID	5K Walk Men 4...	37:57.6	+19:27.0	12:14.7
131 / 56 / 8	214	FLAKE, Preston	9	HORSESHOE BEND ID	5K Run Men 13 ...	38:11.8	+19:41.2	12:19.3
132 / 57 / 12	212	FLAKE, Joel	33	HORSESHOE BEND ID	5K Run Men 30...	38:14.8	+19:44.2	12:20.3
133 / 76 / 4	211	FLAKE, Cassidy	15	HORSESHOE BEND ID	5K Run Women ...	38:31.6	+20:01.0	12:25.7
133 / 76 / 20	321	ST.CLAIR, Rana	33	MERIDIAN ID	5K Run Women ...	38:31.6	+20:01.0	12:25.7
135 / 58 / 13	351	WILHELM, Matt	34	BOISE ID	5K Run Men 30...	38:57.1	+20:26.5	12:33.9
136 / 78 / 13	350	WILHELM, Lisa	35	BOISE ID	5K Run Women ...	38:57.2	+20:26.6	12:33.9

* indicates adjustments applied, see last page for details

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The Basic 5 Run and Walk 2010

Overall by Distance: 5 Kilo Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
137 / 79 / 9	261	KERR, Kristine	29	KUNA ID	5K Run Women ...	39:06.3	+20:35.7	12:36.9
138 / 80 / 10	265	KUNZ, Jami	29	NAMPA ID	5K Run Women ...	39:08.0	+20:37.4	12:37.4
139 / 81 / 6	91	PALAI, Marianne	45	BOISE ID	5K Run Women ...	39:20.6	+20:50.0	12:41.5
140 / 59 / 2	202	DOYLE, Robert	60	CALDWELL ID	5K Run Men 60...	39:28.2	+20:57.6	12:43.9
141 / 60 / 14	631	STUTTS, Todd	33		5K Run Men 30...	39:45.4	+21:14.8	12:49.5
142 / 82 / 21	630	STUTTS, Carolyn	32		5K Run Women ...	39:48.2	+21:17.6	12:50.4
143 / 83 / 22	604	BROWN, Chelsie	30		5K Run Women ...	39:52.2	+21:21.6	12:51.7
144 / 84 / 6	269	LOOCK, Tina	52	MALTA ID	5K Run Women ...	39:52.7	+21:22.1	12:51.8
145 / 85 / 1	377	EMERY, Anastasia	27	BOISE ID	5K Walk Wome...	39:55.0	+21:24.4	12:52.6
146 / 86 / 6	239	HANSEN, Shelli	44	KUNA ID	5K Run Women ...	40:00.3	+21:29.7	12:54.3
147 / 87 / 1	409	OLIVER, Jennifer	37	NEW PLYMOUTH ID	5K Walk Wome...	40:32.4	+22:01.8	13:04.6
148 / 61 / 5	292	OLIVEIRA, Chris	35	BOISE ID	5K Run Men 35...	40:33.5	+22:02.9	13:05.0
149 / 88 / 23	291	OLIVEIRA, Amy	34	BOISE ID	5K Run Women ...	40:33.6	+22:03.0	13:05.0
150 / 89 / 24	230	GREAVES, Shawna	30	NAMPA ID	5K Run Women ...	40:38.1	+22:07.5	13:06.5
151 / 90 / 14	298	PETERMAN, Carrie	37	BOISE ID	5K Run Women ...	40:44.4	+22:13.8	13:08.5
152 / 91 / 25	175	BURBANK, Tiana	30	NAMPA ID	5K Run Women ...	40:46.7	+22:16.1	13:09.3
153 / 92 / 6	173	BRUDER, Melissa	20	BOISE ID	5K Run Women ...	40:47.5	+22:16.9	13:09.5
154 / 93 / 15	205	DUNLOP, Jen	37	MERIDIAN ID	5K Run Women ...	41:03.5	+22:32.9	13:14.7
155 / 94 / 16	165	BERNHARDT, Patti	38	BOISE ID	5K Run Women ...	41:03.8	+22:33.2	13:14.8
156 / 95 / 7	200	DOUGAL, Judy	52	MIDVALE UT	5K Run Women ...	41:18.8	+22:48.2	13:19.6
157 / 96 / 11	253	JUAREZ, Michelle	28	CALDWELL ID	5K Run Women ...	41:35.3	+23:04.7	13:24.9
158 / 62 / 15	255	JUAREZ, Renato	31	CALDWELL ID	5K Run Men 30...	41:35.5	+23:04.9	13:25.0
159 / 63 / 9	333	TRANSTRUM, Dallin	11	MERIDIAN ID	5K Run Men 13 ...	42:20.8	+23:50.2	13:39.6
160 / 97 / 26	332	TRANSTRUM, Alisha	33	MERIDIAN ID	5K Run Women ...	42:21.9	+23:51.3	13:40.0
161 / 98 / 3	191	DESPOT, Deb	55	BOISE ID	5K Run Women...	42:48.8	+24:18.2	13:48.6
162 / 99 / 7	159	BARBOSA, Rae	40	NAMPA ID	5K Run Women ...	42:51.4	+24:20.8	13:49.5
163 / 100 / 17	217	FRANK, Rebekah	35	BOISE ID	5K Run Women ...	42:56.9	+24:26.3	13:51.3
163 / 100 / 12	274	MACKENZIE, Megan	27	BOISE ID	5K Run Women ...	42:56.9	+24:26.3	13:51.3
165 / 102 / 18	327	THOMAS, Jennifer	38	CALDWELL ID	5K Run Women ...	43:02.2	+24:31.6	13:53.0
166 / 103 / 13	314	SCHMIT, Katie	29	CALDWELL ID	5K Run Women ...	43:02.8	+24:32.2	13:53.2
167 / 64 / 2	563	SLOVICK, John	59	CALDWELL ID	5K Run Men 55...	43:03.6	+24:33.0	13:53.4
168 / 104 / 4	243	HATTEN, Jeri	55	BOISE ID	5K Run Women ...	43:11.9	+24:41.3	13:56.1
169 / 105 / 1	373	DAVIDSON, Karen	55	KUNA ID	5K Walk Wome...	43:12.0	+24:41.4	13:56.1
170 / 65 / 4	272	MACAW, Kirk	49	BOISE ID	5K Run Men 45...	43:12.4	+24:41.8	13:56.3
171 / 106 / 1	399	KERENSKY, Tami	49	BOISE ID	5K Walk Wome...	43:18.9	+24:48.3	13:58.4
172 / 107 / 1	385	HODGE, Marie	62	EAGLE ID	5K Walk Wome...	43:19.0	+24:48.4	13:58.4
173 / 66 / 1	384	HIGHLEY, Paul	39	BOISE ID	5K Walk Men 3...	43:52.8	+25:22.2	14:09.3
174 / 108 / 1	383	HIGHLEY, Amity	32	BOISE ID	5K Walk Wome...	43:53.1	+25:22.5	14:09.4
175 / 109 / 2	387	HOWE, Angela	35	BOISE ID	5K Walk Wome...	44:06.6	+25:36.0	14:13.7
175 / 109 / 2	412	POE, Gayle	58	BOISE ID	5K Walk Wome...	44:06.6	+25:36.0	14:13.7
177 / 111 / 1	381	GUZMAN, Susan	54	EAGLE ID	5K Walk Wome...	44:07.5	+25:36.9	14:14.0
178 / 112 / 2	422	SHERRY, Trixie	61	NAMPA ID	5K Walk Wome...	45:01.0	+26:30.4	14:31.3
179 / 113 / 2	421	SHAWVER, Mary	46	BOISE ID	5K Walk Wome...	45:25.7	+26:55.1	14:39.3
180 / 67 / 10	310	RUCH, Nicholas	10	MERIDIAN ID	5K Run Men 13 ...	45:36.7	+27:06.1	14:42.8
181 / 114 / 1	376	ELLIOT, Cyndi	44	BOISE ID	5K Walk Wome...	45:58.0	+27:27.4	14:49.7
182 / 115 / 3	388	HUETH, Theresa	56	BOISE ID	5K Walk Wome...	45:58.4	+27:27.8	14:49.8
183 / 116 / 2	425	SNELL, Kim	42	CALDWELL ID	5K Walk Wome...	46:03.9	+27:33.3	14:51.6
184 / 117 / 3	397	KELLEY, Melanie	41	BOISE ID	5K Walk Wome...	46:04.2	+27:33.6	14:51.7
185 / 118 / 7	251	JOHNSON, Susan	47	BOISE ID	5K Run Women ...	46:20.8	+27:50.2	14:57.0
186 / 119 / 19	161	BECK, Mira	37	BOISE ID	5K Run Women ...	46:23.0	+27:52.4	14:57.7
187 / 68 / 2	427	STAATS, Kevin	39	NAMPA ID	5K Walk Men 3...	47:20.0	+28:49.4	15:16.1
188 / 120 / 5	280	MCROBERTS, Quinn	9	BOISE ID	5K Run Women ...	47:21.5	+28:50.9	15:16.6
189 / 121 / 8	279	MCROBERTS, Darla	43	BOISE ID	5K Run Women ...	47:22.0	+28:51.4	15:16.8
190 / 122 / 3	386	HOOPER, Rachel	37	BOISE ID	5K Walk Wome...	48:42.6	+30:12.0	15:42.8
191 / 69 / 6	197	DIXON, Jim	37	BOISE ID	5K Run Men 35...	48:53.4	+30:22.8	15:46.3
192 / 123 / 8	160	BECK, Anne Marie	51	BOISE ID	5K Run Women ...	48:58.4	+30:27.8	15:47.9
193 / 124 / 4	439	WOODALL, Linda	57	BOISE ID	5K Walk Wome...	49:32.4	+31:01.8	15:58.8
194 / 125 / 3	368	CHIVERS, Janiel	48	BOISE ID	5K Walk Wome...	49:40.4	+31:09.8	16:01.4
195 / 126 / 2	403	MOORE, Cheri	51	MIDDLETON ID	5K Walk Wome...	49:40.9	+31:10.3	16:01.6
196 / 127 / 3	379	GIBBONS, Laurie	62	BOISE ID	5K Walk Wome...	49:57.0	+31:26.4	16:06.8
197 / 128 / 14	207	EWING, Erica	29	BOISE ID	5K Run Women ...	50:00.6	+31:30.0	16:07.9
198 / 129 / 4	637	UTTER, Karen	49		5K Walk Wome...	51:05.8	+32:35.2	16:29.0
199 / 130 / 4	360	BIDSTRUP, Charlynn	36	BOUNTIFUL UT	5K Walk Wome...	51:35.4	+33:04.8	16:38.5

* indicates adjustments applied, see last page for details

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The Basic 5 Run and Walk 2010

Overall by Distance: 5 Kilo Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
200 / 131 / 1	633	BENNETT, Leslie	22		5K Walk Wome...	51:49.3	+33:18.7	16:43.0
201 / 132 / 2	362	BIRD, Mollee	22	BOISE ID	5K Walk Wome...	51:49.4	+33:18.8	16:43.0
202 / 133 / 5	575	CROWE, Courtney	38	NAMPA ID	5K Walk Wome...	52:20.1	+33:49.5	16:52.9
202 / 133 / 5	576	KRAJNIK, Brandi	36	NAMPA ID	5K Walk Wome...	52:20.1	+33:49.5	16:52.9
204 / 135 / 1	392	JOHNS, Carolyn	69	BOUNTIFUL UT	5K Walk Wome...	52:28.0	+33:57.4	16:55.5
205 / 136 / 7	410	OSBORN, Kristie	35	BOISE ID	5K Walk Wome...	52:57.3	+34:26.7	17:04.9
206 / 70 / 3	407	NELSON, Charles	35	BOISE ID	5K Walk Men 3...	53:26.0	+34:55.4	17:14.2
207 / 137 / 5	275	MADRID, Miranda	14	BOISE ID	5K Run Women ...	54:20.2	+35:49.6	17:31.7
208 / 71 / 1	418	RUEDA, Andrew	21	MOUNTAIN HOME ID	5K Walk Men 1...	54:21.6	+35:51.0	17:32.1
209 / 138 / 1	429	STROMMEN, Emma	3	MERIDIAN ID	5K Walk Wome...	54:51.4	+36:20.8	17:41.7
210 / 72 / 1	428	STROMMEN, Andrew	45	MERIDIAN ID	5K Walk Men 4...	54:51.7	+36:21.1	17:41.8
211 / 139 / 3	561	JACKSON, Shirley	52	MERIDIAN ID	5K Walk Wome...	55:02.5	+36:31.9	17:45.3
212 / 73 / 1	438	VEGA, Julio	65	MERIDIAN ID	5K Walk Men 6...	55:03.3	+36:32.7	17:45.6
213 / 140 / 4	402	MONTOYA, Kathryn	44	BOISE ID	5K Walk Wome...	55:17.6	+36:47.0	17:50.2
214 / 141 / 2	411	PARKS, Emily	30	NAMPA ID	5K Walk Wome...	55:21.3	+36:50.7	17:51.4
215 / 74 / 11	283	MODLER, Tucker	12	MERIDIAN ID	5K Run Men 13 ...	56:05.5	+37:34.9	18:05.6
216 / 142 / 20	218	FRANNIN, Herutia	35	MERIDIAN ID	5K Run Women ...	56:33.9	+38:03.3	18:14.8
217 / 143 / 4	419	SCHUELKE, Mary	52	BOISE ID	5K Walk Wome...	57:55.9	+39:25.3	18:41.3
218 / 75 / 4	424	SKUPIEN, John	38	BOISE ID	5K Walk Men 35...	57:56.3	+39:25.7	18:41.4
219 / 76 / 1	420	SCHUELKE, Steve	51	BOISE ID	5K Walk Men 5...	57:56.5	+39:25.9	18:41.5
220 / 144 / 8	590	FREDERICK, Christine	38		5K Walk Wome...	59:00.8	+40:30.2	19:02.2
221 / 145 / 2	364	BLICKFELDT, Patricia	26	MERIDIAN ID	5K Walk Wome...	59:20.2	+40:49.6	19:08.5
222 / 77 / 1	363	BLICKFELDT, Joseph	13	KUNA ID	5K Walk Men 1...	59:21.1	+40:50.5	19:08.7
223 / 146 / 6	338	VINES, Erika	12	MERIDIAN ID	5K Run Women ...	1:00:10.6	+41:40.0	19:24.7
224 / 78 / 2	395	KECK, Orlando	2	MOUNTAIN HOME ID	5K Walk Men 1...	1:03:03.5	+44:32.9	20:20.5
224 / 147 / 3	258	KECK, Vanessa	27	MOUNTAIN HOME ID	5K Walk Wome...	1:03:03.5	+44:32.9	20:20.5
226 / 148 / 3	592	GROLSON, Meliissa	30		5K Walk Wome...	1:03:16.9	+44:46.3	20:24.8
227 / 79 / 1	591	LEWIS, Cody	30		5K Walk Men 3...	1:03:17.0	+44:46.4	20:24.8
228 / 149 / 1	366	BURGESS, Rose	18	CALDWELL ID	5K Walk Wome...	1:05:09.0	+46:38.4	21:01.0
229 / 150 / 9	365	BURGESS, Pam	38	CALDWELL ID	5K Walk Wome...	1:05:25.0	+46:54.4	21:06.1

Overall by Distance: 5 Mile

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
1 / 1 / 1	299	PETERS, Kevin	26	BOISE ID	Overall 5 Mile ...	25:23.0	+0:00.0	5:04.6
2 / 2 / 2	316	SHEEHY, Kevin	40	BOISE ID	Overall 5 Mile ...	25:55.9	+0:32.9	5:11.2
3 / 3 / 3	31	DAVIS, Paul	36	BOISE ID	Overall 5 Mile ...	27:11.6	+1:48.6	5:26.3
4 / 4 / 1	80	MCDANIEL, Kenny	28	BOISE ID	5 Mile Run Men...	28:07.2	+2:44.2	5:37.4
5 / 5 / 1	47	GOERTZ, Jeffrey	24	NAMPA ID	5 Mile Run Men...	28:48.2	+3:25.2	5:45.6
6 / 6 / 1	566	BENGOECHEA, Brandy	38	EAGLE ID	5 Mile Run Men...	28:54.8	+3:31.8	5:47.0
7 / 7 / 2	605	MERRIMAN, Seth	29		5 Mile Run Men...	29:22.7	+3:59.7	5:52.5
8 / 1 / 1	78	MAUZERALL, Cynthia	36	BOISE ID	Overall 5 Mile ...	29:52.2	+4:29.2	5:58.4
9 / 8 / 1	135	TEURAZAS, Joe	31	NAMPA ID	5 Mile Run Men...	29:56.3	+4:33.3	5:59.3
10 / 9 / 2	555	WIRTH, Adam	31		5 Mile Run Men...	30:29.9	+5:06.9	6:06.0
11 / 10 / 1	616	FELDMAN, Richard	40		5 Mile Run Men...	30:43.0	+5:20.0	6:08.6
12 / 11 / 3	5	AMIDEO, Bret	32	BOISE ID	5 Mile Run Men...	31:13.3	+5:50.3	6:14.7
13 / 12 / 1	83	MCLELLAN, Scott	49	BOISE ID	5 Mile Run Men...	31:13.8	+5:50.8	6:14.8
14 / 2 / 2	137	TOBIN, Jenny	41	BOISE ID	Overall 5 Mile ...	31:16.3	+5:53.3	6:15.3
15 / 3 / 3	27	CRUM, Erin	31	BOISE ID	Overall 5 Mile ...	31:59.8	+6:36.8	6:24.0
16 / 13 / 1	68	KREISLE, Bill	50	BOISE ID	5 Mile Run Men...	32:05.2	+6:42.2	6:25.0
17 / 14 / 2	615	NORTHROP, Will	40		5 Mile Run Men...	32:29.0	+7:06.0	6:29.8
18 / 15 / 3	353	WISCOMBE, Miles	29	BOISE ID	5 Mile Run Men...	32:39.5	+7:16.5	6:31.9
19 / 16 / 2	562	WRIGHT, Chad	35	MERIDIAN ID	5 Mile Run Men...	34:34.5	+9:11.5	6:54.9
20 / 4 / 1	119	SEVER, Suzanne	37	NAMPA ID	5 Mile Run Wo...	34:37.6	+9:14.6	6:55.5
21 / 17 / 2	77	MARION, Richard	46	MERIDIAN ID	5 Mile Run Men...	34:48.4	+9:25.4	6:57.7
22 / 18 / 2	606	RAMIREZ, Luis	24		5 Mile Run Men...	34:48.5	+9:25.5	6:57.7
23 / 19 / 3	126	SMITH, Brian	43	BOISE ID	5 Mile Run Men...	34:48.6	+9:25.6	6:57.7
24 / 20 / 4	82	MCHARGUE, Mike	42	BOISE ID	5 Mile Run Men ...	34:50.3	+9:27.3	6:58.1
25 / 21 / 3	227	GIUDICELLI, Richard	48	BOISE ID	5 Mile Run Men...	35:19.2	+9:56.2	7:03.8
26 / 5 / 1	617	WIRTH, Kelli	32		5 Mile Run Wo...	35:44.6	+10:21.6	7:08.9
27 / 6 / 1	57	HOFSTETTER, Annam...	22	BOISE ID	5 Mile Run Wo...	36:02.7	+10:39.7	7:12.5
28 / 7 / 2	141	WILBUR, April	32	STAR ID	5 Mile Run Wo...	36:16.1	+10:53.1	7:15.2
29 / 8 / 1	28	CRUMLEY, Jennifer	28	BOISE ID	5 Mile Run Wo...	36:16.2	+10:53.2	7:15.2

* indicates adjustments applied, see last page for details

The Basic 5 Run and Walk 2010

Overall by Distance: 5 Mile Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
30 / 22 / 4	618	MATHEWS, Jon	48		5 Mile Run Men ...	36:33.8	+11:10.8	7:18.8
31 / 9 / 2	129	STEPHENSON, Stepha...	37	MERIDIAN ID	5 Mile Run Wo...	36:49.0	+11:26.0	7:21.8
32 / 10 / 3	115	SCHLESINGER, Sarah	34	BOISE ID	5 Mile Run Wo...	36:51.0	+11:28.0	7:22.2
33 / 11 / 1	40	FAZZIO, Cindy	51	KUNA ID	5 Mile Run Wo...	37:19.1	+11:56.1	7:27.8
34 / 23 / 2	99	RANDOLPH, Chris	51	BOISE ID	5 Mile Run Men...	37:27.7	+12:04.7	7:29.5
35 / 12 / 2	582	SPORLEDER, Caty	27	BOISE ID	5 Mile Run Wo...	37:38.7	+12:15.7	7:31.7
36 / 13 / 3	84	MERTES, Beth	38	BOISE ID	5 Mile Run Wo...	37:58.0	+12:35.0	7:35.6
37 / 14 / 4	564	RAMSAY, Molly	31	BOISE ID	5 Mile Run Wo...	38:04.5	+12:41.5	7:36.9
38 / 24 / 3	287	NOWASKI, Craig	50	MERIDIAN ID	5 Mile Run Men...	38:17.3	+12:54.3	7:39.5
39 / 15 / 4	98	PYLE, Nicole	36	BOISE ID	5 Mile Run Wo...	38:22.0	+12:59.0	7:40.4
40 / 25 / 4	32	DOUGAL, Toby	32	MIDVALE UT	5 Mile Run Men ...	38:48.8	+13:25.8	7:45.8
41 / 26 / 1	577	CARRIGAN, Blake	8	EAGLE ID	5 Mile Run Men...	39:01.0	+13:38.0	7:48.2
42 / 27 / 5	76	MADRIL, Joseph	42	BOISE ID	5 Mile Run Men ...	39:01.4	+13:38.4	7:48.3
43 / 28 / 2	302	POLLOCK, Tanner	11	MERIDIAN ID	5 Mile Run Men...	39:03.0	+13:40.0	7:48.6
44 / 16 / 5	14	BOGGS, Michelle	35	BOISE ID	5 Mile Run Wo...	39:14.9	+13:51.9	7:51.0
45 / 29 / 4	587	ROWE, Josh	25		5 Mile Run Men ...	39:16.4	+13:53.4	7:51.3
46 / 30 / 4	147	YTSMA, Piet	53	BOISE ID	5 Mile Run Men ...	39:25.0	+14:02.0	7:53.0
47 / 17 / 2	588	LOVELACE, Sue	50		5 Mile Run Wo...	39:26.8	+14:03.8	7:53.4
48 / 31 / 3	36	EASTMAN, David	36	MERIDIAN ID	5 Mile Run Men...	39:29.4	+14:06.4	7:53.9
49 / 32 / 5	146	YOSHIZAKI, Jonathan	25	BOISE ID	5 Mile Run Men ...	39:30.4	+14:07.4	7:54.1
50 / 33 / 6	626	SHERMAN, Christopher	25		5 Mile Run Men ...	39:38.2	+14:15.2	7:55.6
51 / 34 / 4	42	FLABEL, Steve	39	BOISE ID	5 Mile Run Men ...	39:39.9	+14:16.9	7:56.0
52 / 35 / 3	107	ROWE, Kyle	22	AUBURN WA	5 Mile Run Men...	39:41.6	+14:18.6	7:56.3
53 / 18 / 2	41	FEURBORN, Carley	22	AUBURN WA	5 Mile Run Wo...	39:41.9	+14:18.9	7:56.4
54 / 19 / 3	94	POOLE, Jill	25	EAGLE ID	5 Mile Run Wo...	39:45.1	+14:22.1	7:57.0
55 / 20 / 5	148	ZAKOREN, Karena	32	EAGLE ID	5 Mile Run Wo...	39:59.8	+14:36.8	8:00.0
56 / 21 / 4	10	BJORKMAN, Rebekah	26	BOISE ID	5 Mile Run Wo...	40:09.4	+14:46.4	8:01.9
57 / 36 / 3	301	POLLOCK, Gavin	9	MERIDIAN ID	5 Mile Run Men...	40:14.3	+14:51.3	8:02.9
58 / 37 / 6	620	VINCENT, Jim	41		5 Mile Run Men ...	40:16.1	+14:53.1	8:03.2
59 / 22 / 5	627	PAWLAK, Angela	29		5 Mile Run Wo...	40:40.5	+15:17.5	8:08.1
60 / 38 / 7	593	GONZALEZ, Rudy	41		5 Mile Run Men ...	40:47.3	+15:24.3	8:09.5
61 / 39 / 5	39	FAWLEY, Craig	48	MERIDIAN ID	5 Mile Run Men ...	40:56.1	+15:33.1	8:11.2
62 / 23 / 6	140	WELLS, Emily	38	MERIDIAN ID	5 Mile Run Wo...	41:05.2	+15:42.2	8:13.0
63 / 40 / 6	12	BLUE, Sky	47	BOISE ID	5 Mile Run Men ...	41:15.0	+15:52.0	8:15.0
64 / 24 / 6	38	EGGLESTON, Libby	30	EAGLE ID	5 Mile Run Wo...	41:17.9	+15:54.9	8:15.6
65 / 41 / 4	142	WILMOT, Kyle	24	BOISE ID	5 Mile Run Men ...	41:19.5	+15:56.5	8:15.9
66 / 42 / 7	622	NEWMAN, Larry	47		5 Mile Run Men ...	41:47.9	+16:24.9	8:21.6
67 / 43 / 5	49	GREBER, Brian	51	BOISE ID	5 Mile Run Men ...	41:51.1	+16:28.1	8:22.2
68 / 25 / 6	607	ROWE, Ashley	25		5 Mile Run Wo...	42:06.5	+16:43.5	8:25.3
69 / 26 / 7	52	HANSEN, Cherie	30	MERIDIAN ID	5 Mile Run Wo...	42:32.8	+17:09.8	8:30.6
70 / 27 / 7	636	ABRANAM, Jethe	29		5 Mile Run Wo...	42:35.4	+17:12.4	8:31.1
71 / 44 / 7	81	MCDOWELL, Ryan	29	MERIDIAN ID	5 Mile Run Men ...	42:40.4	+17:17.4	8:32.1
72 / 28 / 8	23	CLIFFORD, Katrina	25	MERIDIAN ID	5 Mile Run Wo...	42:49.0	+17:26.0	8:33.8
73 / 45 / 5	16	BOWE, Mike	31	BOISE ID	5 Mile Run Men ...	43:09.8	+17:46.8	8:38.0
74 / 46 / 6	90	NESS, Kent	51	BOISE ID	5 Mile Run Men ...	43:15.6	+17:52.6	8:39.1
75 / 47 / 5	75	LOOCK, Eric	22	HEYBURN ID	5 Mile Run Men ...	43:18.8	+17:55.8	8:39.8
76 / 29 / 9	111	SALAZAR, Rosalinda	26	CALDWELL ID	5 Mile Run Wo...	43:20.5	+17:57.5	8:40.1
77 / 48 / 1	101	ROBERTS, Don	65	BOISE ID	5 Mile Run Men...	43:25.3	+18:02.3	8:41.1
78 / 30 / 7	44	FRANSEN, Erica	38	BOISE ID	5 Mile Run Wo...	43:26.4	+18:03.4	8:41.3
79 / 49 / 1	133	STREIT, Jim	60	BOISE ID	5 Mile Run Men...	43:27.3	+18:04.3	8:41.5
80 / 31 / 3	3	ALONSO, Krista	24	BOISE ID	5 Mile Run Wo...	43:53.1	+18:30.1	8:46.6
81 / 50 / 7	4	ALONSO, Tony	50	MERIDIAN ID	5 Mile Run Men ...	43:53.8	+18:30.8	8:46.8
82 / 51 / 6	30	DANLEY, Chris	32	BOISE ID	5 Mile Run Men ...	44:10.6	+18:47.6	8:50.1
83 / 52 / 1	236	GUZMAN, Gerry	58	EAGLE ID	5 Mile Run Men...	44:22.6	+18:59.6	8:52.5
84 / 32 / 1	125	SMITH, Audrey	41	BOISE ID	5 Mile Run Wo...	44:25.9	+19:02.9	8:53.2
85 / 33 / 8	19	CADWELL, Kim	38	BOISE ID	5 Mile Run Wo...	44:27.7	+19:04.7	8:53.5
86 / 34 / 2	51	GUSTAVSEN, Paige	40	BOISE ID	5 Mile Run Wo...	44:31.1	+19:08.1	8:54.2
87 / 35 / 4	50	GRUDEN, Danielle	24	MERIDIAN ID	5 Mile Run Wo...	45:11.5	+19:48.5	9:02.3
88 / 53 / 1	149	ZIMMER, Joe	76	BOISE ID	5 Mile Run Men...	45:22.0	+19:59.0	9:04.4
89 / 54 / 8	25	COWAN, Gregory	50	BOISE ID	5 Mile Run Men ...	45:34.8	+20:11.8	9:07.0
90 / 36 / 3	17	BRADY, Lisa	41	BOISE ID	5 Mile Run Wo...	45:39.8	+20:16.8	9:08.0
91 / 37 / 1	67	KIRKLAND, Megan	13	EAGLE ID	5 Mile Run Wo...	45:40.2	+20:17.2	9:08.0
92 / 38 / 8	109	RUSSOW, Leah	32	BOISE ID	5 Mile Run Wo...	46:01.2	+20:38.2	9:12.2

* indicates adjustments applied, see last page for details

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The Basic 5 Run and Walk 2010

Overall by Distance: 5 Mile Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
92 / 55 / 7	110	RUSSOW, Tim	34	BOISE ID	5 Mile Run Men ...	46:01.2	+20:38.2	9:12.2
94 / 39 / 9	123	SITTS, Claire	36	NAMPA ID	5 Mile Run Wo...	46:04.4	+20:41.4	9:12.9
95 / 56 / 8	124	SITTS, Von	31	NAMPA ID	5 Mile Run Men ...	46:04.8	+20:41.8	9:13.0
96 / 57 / 8	7	ARRINGTON, Justin	41	BOISE ID	5 Mile Run Men ...	46:16.2	+20:53.2	9:15.2
97 / 58 / 9	95	POWELL, John	34	MCCALL ID	5 Mile Run Men ...	46:46.5	+21:23.5	9:21.3
98 / 40 / 10	96	POWELL, Toni	29	MCCALL ID	5 Mile Run Wo...	46:46.6	+21:23.6	9:21.3
99 / 41 / 9	116	SCHMIDT, Jennifer	32	BOISE ID	5 Mile Run Wo...	46:52.9	+21:29.9	9:22.6
100 / 42 / 10	37	EASTMAN, Chrys	35	MERIDIAN ID	5 Mile Run Wo...	46:54.1	+21:31.1	9:22.8
101 / 43 / 3	1	ALEXANDER, Rena	52	BOISE ID	5 Mile Run Wo...	46:55.1	+21:32.1	9:23.0
102 / 59 / 9	104	ROHR, Chad	40	BOISE ID	5 Mile Run Men ...	46:55.9	+21:32.9	9:23.2
103 / 60 / 5	112	SANCHEZ, Ramon	36	KUNA ID	5 Mile Run Men ...	47:01.6	+21:38.6	9:24.3
104 / 44 / 4	134	TAUNTON, Kathleen	52	EAGLE ID	5 Mile Run Wo...	47:11.3	+21:48.3	9:26.3
105 / 61 / 6	144	WILSON, Mickey	36	BOISE ID	5 Mile Run Men ...	47:37.7	+22:14.7	9:31.5
106 / 45 / 10	73	LIAB, Amanda	30	BOISE ID	5 Mile Run Wo...	47:43.5	+22:20.5	9:32.7
107 / 46 / 5	180	COOPER, Brittany	22	BOISE ID	5 Mile Run Wo...	48:04.0	+22:41.0	9:36.8
108 / 62 / 8	45	GIESLER, Hadley	25	MERIDIAN ID	5 Mile Run Men ...	48:04.7	+22:41.7	9:36.9
109 / 63 / 9	24	CLIFFORD, Mike	29	MERIDIAN ID	5 Mile Run Men ...	48:31.4	+23:08.4	9:42.3
110 / 64 / 8	87	MORIN, Don	48	BOISE ID	5 Mile Run Men ...	48:34.1	+23:11.1	9:42.8
111 / 47 / 1	70	LANCASTER, Roxanne	47	MIDDLETON ID	5 Mile Run Wo...	48:34.9	+23:11.9	9:43.0
112 / 48 / 11	339	WALLACE, Holly	36	BOISE ID	5 Mile Run Wo...	48:36.7	+23:13.7	9:43.3
113 / 49 / 12	46	GODWIN, Brooke	35	BOISE ID	5 Mile Run Wo...	49:20.6	+23:57.6	9:52.1
114 / 50 / 2	92	PERKINS, Tracy	46	BOISE ID	5 Mile Run Wo...	49:25.9	+24:02.9	9:53.2
115 / 51 / 6	143	WILMOT, Sarah	23	BOISE ID	5 Mile Run Wo...	49:34.4	+24:11.4	9:54.9
116 / 52 / 11	26	CRAWFORD, Lisa	30	MERIDIAN ID	5 Mile Run Wo...	49:43.0	+24:20.0	9:56.6
117 / 53 / 13	132	STORRS, Stephanie	37	BOISE ID	5 Mile Run Wo...	49:43.3	+24:20.3	9:56.7
118 / 54 / 1	22	CHRONINGER, Marie	55	BOISE ID	5 Mile Run Wo...	49:49.3	+24:26.3	9:57.9
119 / 65 / 9	21	CHRONINGER, Andrew	54	BOISE ID	5 Mile Run Men ...	49:53.5	+24:30.5	9:58.7
120 / 55 / 5	48	GRANGER, Jeanie	54	KUNA ID	5 Mile Run Wo...	50:27.3	+25:04.3	10:05.5
120 / 55 / 3	54	HARRYMAN, Rosanne	45	EAGLE ID	5 Mile Run Wo...	50:27.3	+25:04.3	10:05.5
122 / 66 / 10	62	HYNDMAN, Miles	54	NAMPA ID	5 Mile Run Men ...	50:39.1	+25:16.1	10:07.8
123 / 67 / 11	56	HENDRICKSON, Keith	53	NAMPA ID	5 Mile Run Men ...	50:47.8	+25:24.8	10:09.6
124 / 57 / 4	100	REIFSNYDER, Rose	42	BOISE ID	5 Mile Run Wo...	50:50.6	+25:27.6	10:10.1
125 / 58 / 4	79	MCCONNELL, Maria	45	BOISE ID	5 Mile Run Wo...	50:50.7	+25:27.7	10:10.1
126 / 68 / 10	60	HUNT, Alan	31	EAGLE ID	5 Mile Run Men ...	51:02.5	+25:39.5	10:12.5
127 / 59 / 14	18	BRICKNER, Chrissy	39	BOISE ID	5 Mile Run Wo...	51:13.7	+25:50.7	10:14.7
128 / 60 / 11	15	BOMMARITO, Linzi	26	BOISE ID	5 Mile Run Wo...	51:13.9	+25:50.9	10:14.8
129 / 61 / 12	61	HUNT, Sarah	31	EAGLE ID	5 Mile Run Wo...	51:27.1	+26:04.1	10:17.4
130 / 62 / 13	34	DOWNIE, Rachelle	32	EAGLE ID	5 Mile Run Wo...	51:29.8	+26:06.8	10:18.0
131 / 63 / 12	97	PRICE, Sarah	28	BOISE ID	5 Mile Run Wo...	51:30.3	+26:07.3	10:18.1
132 / 64 / 5	131	STOREY, Bobbi	42	EMMETT ID	5 Mile Run Wo...	51:32.5	+26:09.5	10:18.5
133 / 65 / 13	120	SHERWOOD, Nicole	27	BOISE ID	5 Mile Run Wo...	52:04.9	+26:41.9	10:25.0
134 / 69 / 12	74	LOOCK, Kent	54	MALTA ID	5 Mile Run Men ...	52:21.0	+26:58.0	10:28.2
135 / 70 / 10	66	KIM, Ralph	42	MIDDLETON ID	5 Mile Run Men ...	53:32.9	+28:09.9	10:42.6
136 / 66 / 14	122	SIMON, Katy	28	MERIDIAN ID	5 Mile Run Wo...	53:33.5	+28:10.5	10:42.7
137 / 67 / 14	121	SIMON, Jaime	31	NAMPA ID	5 Mile Run Wo...	53:35.7	+28:12.7	10:43.1
138 / 71 / 11	565	NEAL, Matt	40	BOISE ID	5 Mile Run Men ...	53:36.3	+28:13.3	10:43.3
139 / 68 / 6	609	ZIMMER, Shelley	42		5 Mile Run Wo...	53:38.0	+28:15.0	10:43.6
140 / 69 / 15	9	BAUGES, Brenda	26	BOISE ID	5 Mile Run Wo...	53:51.4	+28:28.4	10:46.3
141 / 70 / 15	58	HOWLAND, Pam	39	BOISE ID	5 Mile Run Wo...	53:52.0	+28:29.0	10:46.4
142 / 71 / 7	69	KWEE, Constance	42	BOISE ID	5 Mile Run Wo...	54:06.8	+28:43.8	10:49.4
143 / 72 / 16	8	ASHBY, Marianne	35	BOUNTIFUL UT	5 Mile Run Wo...	54:22.2	+28:59.2	10:52.4
144 / 73 / 1	117	SCHUH, Laura	60	NAMPA ID	5 Mile Run Wo...	54:25.5	+29:02.5	10:53.1
145 / 74 / 8	11	BLOCK, Valerie	43	MERIDIAN ID	5 Mile Run Wo...	54:32.9	+29:09.9	10:54.6
146 / 75 / 16	88	MURRAY, Shauna	27	NAMPA ID	5 Mile Run Wo...	55:22.4	+29:59.4	11:04.5
147 / 72 / 11	614	SMITH, Cody	32		5 Mile Run Men ...	55:40.1	+30:17.1	11:08.0
148 / 76 / 15	613	LEAVITT, Leah	31		5 Mile Run Wo...	55:40.4	+30:17.4	11:08.1
149 / 77 / 5	106	ROWE, Debbie	46	AUBURN WA	5 Mile Run Wo...	55:43.8	+30:20.8	11:08.8
150 / 78 / 17	608	LINGEL, Yisseth	35		5 Mile Run Wo...	56:18.4	+30:55.4	11:15.7
151 / 79 / 6	89	NAYLOR, Lorrie	51	BOISE ID	5 Mile Run Wo...	56:19.5	+30:56.5	11:15.9
152 / 73 / 12	33	DOWNIE, J.b.	33	EAGLE ID	5 Mile Run Men ...	56:28.4	+31:05.4	11:17.7
153 / 80 / 18	63	JONES, Denise	37	MERIDIAN ID	5 Mile Run Wo...	56:37.2	+31:14.2	11:19.4
154 / 81 / 9	118	SCHWEHR, Linda	44	BOISE ID	5 Mile Run Wo...	56:54.2	+31:31.2	11:22.8
155 / 82 / 19	6	ANGEMI, Robin	37	MERIDEIAN ID	5 Mile Run Wo...	57:30.2	+32:07.2	11:30.0

* indicates adjustments applied, see last page for details

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The Basic 5 Run and Walk 2010

Overall by Distance: 5 Mile Continued

OvrAll / Gndr / Div	No	Name	Age	Representing	Division	Total Time	Back	Pace
156 / 83 / 6	13	BOBROWSKI, Renee	47	BOISE ID	5 Mile Run Wo...	57:54.9	+32:31.9	11:35.0
157 / 84 / 10	273	MACK, Karen	41	BOISE ID	5 Mile Run Wo...	58:50.2	+33:27.2	11:46.0
158 / 74 / 13	139	TOLL, Ed	50	BOISE ID	5 Mile Run Men ...	59:08.2	+33:45.2	11:49.6
159 / 85 / 20	93	PICKRELL, Devone	37	IDAHO FALLS ID	5 Mile Run Wo...	59:14.6	+33:51.6	11:50.9
160 / 86 / 16	114	SANFORD, Melody	32	MERIDIAN ID	5 Mile Run Wo...	59:17.8	+33:54.8	11:51.6
161 / 75 / 2	130	STEWART, Jerry	68	BOISE ID	5 Mile Run Men...	59:33.6	+34:10.6	11:54.7
162 / 76 / 12	113	SANFORD, John	40	MERIDIAN ID	5 Mile Run Men ...	59:40.5	+34:17.5	11:56.1
163 / 87 / 11	43	FLOREY, Laura	44	BOISE ID	5 Mile Run Wo...	1:00:12.4	+34:49.4	12:02.5
164 / 88 / 17	53	HANSEN, Susan	29	BOISE ID	5 Mile Run Wo...	1:00:19.3	+34:56.3	12:03.9
165 / 89 / 12	580	KNIPPERT, Debbie	40	BOISE ID	5 Mile Run Wo...	1:00:51.8	+35:28.8	12:10.4
166 / 90 / 21	136	THOMPSON, Melody	38	CALDWELL ID	5 Mile Run Wo...	1:11:08.8	+45:45.8	14:13.8

* indicates adjustments applied, see last page for details