



# YMCA NEW YEAR'S RESOLUTION RUN

1.1.2019



The Run starts at the Ram Restaurant  
off Parkcenter Blvd.  
Race starts at 10am



**TEAM IDAHO**

**RAM**  
Restaurant & Brewery





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## Race Instructions

1. Pin your race number on the front of your body or the outside layer of clothing. Make sure the bib is visible when you cross the start and finish line. The timing chip is on the back of your bib number.
2. Please position yourself at the starting line according to your running or walking ability.
3. Please stay to the right at all times unless you are passing. Walkers, please allow room for faster participants to pass by not walking more than two abreast.
4. Use caution on the course, it is going to be cold and it will be slick, so be sure to dress and prepare yourself accordingly.
5. Please proceed quickly through the finish chute.
6. Enjoy the Happy New Year post race snacks including bagels from Blue Sky Bagel and hot soup from the Ram Restaurant.
7. Awards will be presented as soon as results are available. Raffle prizes will be drawn during the award ceremony. Race results will be posted on [www.ymcatvidaho.org](http://www.ymcatvidaho.org)
8. If you signed up late, your race t-shirt will be available after January 15th. We will email you when and where you can pick up your shirt.

## Thank you to our Sponsors!

