



YMCA St. Patrick's Day Run

Presented by



Start Times:



1 mile Leprechaun Loop—9:30am



5K & 5 Mile—10am

- Pin your race number on the front of your body on the outside layer of clothing. Make sure the bib number is clearly visible at all times.
- Please position yourself at the starting line according to your running or walking ability. All participants with strollers, or dogs on a leash should start in the back!
- Please stay to the right at all times unless you are passing. Please allow room for faster participants to pass by not running or walking more than two abreast. The greenbelt is open to the public, please be respectful.
- Enjoy some healthy after race snacks from GoGo Squeez, and Blue Sky Bagel A bottled Water is provided by Swire Coca Cola.
- Awards will be presented as soon as results are available.
- Best dressed leprechaun and green runner competition will be at 9:15am.
- Results will be posted at www.ymcatvidaho.com

Proceeds from the St. Patrick's Day Run support the YMCA Team Idaho Track and Cross Country Club. For 40 years, Team Idaho has helped youth at all levels enjoy Track & Field and Cross Country.

Focusing on the YMCA character values of Caring, Honesty, Respect, and Responsibility, the program helps participants practice goal-setting, sportsmanship, and healthy living. For more information about Team Idaho, go to the club website at ymcatvidaho.org.

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