

# Fast Facts about the YMCA Famous Idaho Potato Marathon

## Pre-Race Information – Packet Pick Up Information

### I am here for my packet what do I do?

Start at any open computer. All we need is a name to help you get started. You will receive your bib, packet & t-shirt information. Make sure to check out the vendors.

### How can I change my distance...?

**Before race day** – you can change your distance by logging onto RUNSIGNUP.COM.

Learn how to change your event/distance here: [How to change my distance/event>>](#)

**At Packet Pick Up** – please tell the volunteer that you would like to change. We will make a note and get you set up with the new distance. Depending on bib supplies you may still receive your original bib, that will not affect your results.

**On Race Day** – if you decide to change distances please inform a race official at the packet pick up table. We need to make an adjustment in our system to help us manage the course and know where our runners are.

### Where do I get my shirt?

T-shirts are in the tent to the north of the Packet Pick Up Tent. Take your bib number over to the t-shirt table, your size is on the back of your bib. You must have a bib number to pick up a shirt.

### We ran out of shirts or your size?

Please give us your bib number and the shirt size you would like. We will reorder shirts on Monday after the race. We will **notify you through email** when the shirts are available. You can pick up your shirt at your local YMCA. If you live out of state we will mail it to you.

### Why is my bib a different color?

The bibs are different colors to help race officials know who entering the finish area and for what distance. If you change distances, your bib might change to collate with the new distance. That will not affect your results.

Here is the breakdown:

Blue: Half

Greenish: 5K

Orange: 10k

RED: Marathon

### Where is the timing chip? I don't need/want to be timed?

Your timing chip is on the back of your bib. Do not bend your bib/timing chip. Everyone is timed. Results will be available after the race for you to check or not. **Your bib must be on the front of your body.**

# Starting Line & Transportation/Parking Information

## What time does the race start and where? What distance?

Marathon & Half Marathon – 7am – Sandy Point State Park (Lucky Peak) Take the shuttle!

Entrance to Sandy Point State Park will be closed to traffic at 6:45am!!

10K & 5K - 10am - Albertson's Headquarters off of Parkcenter Blvd.

## How do I get to the start for the Half & Full Marathon?

**Full and Half Marathon** - Shuttle Buses will pick-up at the finish line at Albertsons HQ on Parkcenter Blvd. in front of the corporate building.

### Shuttle Pick Up times:

**Marathon & Half Marathon:** 5:15am – 6:30am (last bus leaves 6:30am)

*There is no transportation back to the starting line from the finish.*

## Where do we finish?

All race distances finish at Albertsons HQ on Parkcenter Blvd in the West parking Lot.

## Where can we park? At Albertson's Corporate Office at 250 E Parkcenter Blvd. Boise

**For Half & Full Marathoners** – please park in the East Lot of Albertson's HQ You can grab the shuttle to the start line from there.

**For 5K & 10K Runners** –please park in the West Lot of Albertson's HQ lot.

All distances finish in this area so you will be close to your car.

## What if I park at the Starting line of the half & full marathon?

We do not provide transportation back to the starting line from the finish for the half and full marathon.

## Is there a gear check? Look for the George's Cycles Truck!

**Half & Full Runners** - Yes, we'll transport your clothes/gear from the start line at Lucky Peak to the finish. Please clearly marked with your name and race # on your bag. We will have supplies if you need a bag, tape or markers. You can always use the Potato Bag for your gear. Gear will be available after 8:30 in the finish area. Look for the George's Cycles Truck at the starting line!

**10K & 5K** –Gear check will be available after 9:00am for the 5K/10K. Please clearly mark your name and bib number on your bag. Supplies will be available after 9am for you to check your gear.

Do not check anything valuable in the gear check. The YMCA is not responsible for lost, stolen gear or broken gear.

## Course & Aid Station Information

### Where are the Water/Aid Stations & bathrooms on the course?

Water/Aid Stations: These will be located along the full marathon course approximately every two miles through mile 20, and once every mile and half thereafter. Half marathon, 10k, and 5k runners will have aid stations approximately once every two

miles. Bathrooms are about every 2 to 3 miles on the course and at the start and finish areas.

### **Is the course well marked?**

Yes, you can pick up a map to review the course. More written instructions are available online under the course info tab. Make sure to follow the course and not the runners in front of you; there are 4 courses and lots of people. There are arrows posted along the course, chalk in some spots as well as A-frame signs. Please ask for help at aid stations or other volunteers along the course. It is your responsibility to understand the course.

### **What if I want to change distances mid race?**

If you decide to change distances mid race it's okay. Please tell a volunteer at an aid station, share your bib number and what distance you will finish. Then when you arrive at the finish line please find a race official and tell them which distance you changed to so we can update our profile in our system. This helps us know who is on the course and when we have all the runners in.

### **Are dogs welcome?**

Yes, dogs are welcome on the course. They are not encouraged as we have a large crowd for this event. All dogs must be leashed at all times on the course and in the footprint of the event area. Dogs are not allowed on the shuttle buses.

### **Where is the timing chip? I don't need/want to be timed?**

Your timing chip is on the back of your bib. Do not bend your bib/timing chip. Everyone is timed. Results will be available after the race for you to check or not. **Your bib must be on the front of your body.**

### **Is there a time limit on the course?**

The Full marathon course is open for 8 hours, it will close at 3pm. The 5K & 10K will be closed after 3 hours.

## **Finish Line Celebration**

### **Is there food & recovery available?**

All participants will have access to the Idaho Baked Potato Bar at the finish line with all the fix'ns to dress up your potato. There will be GoGo SqueeZ fruit pouches, bagels, and whole fruit available as well.

Additional water and Gatorade will be available in the finish area.

### **Who gets a medal?**

All finishers get a medal! 5K & 10K get the same medal and the half marathoners and full marathoners get a custom medal with the distance on the neck ribbon. We will have Road Runner Club of America State Championship medals for the Full and Half Marathon male and female finishers.

### **Where do I find the results?**

Results will be available in the Finish line celebration area. Look for the results banner. All results will be posted and available online here: [Famous Idaho Potato Results>>](#)

### **Where do I pick up my award?**

Awards will be available at the Announcer's tent in the Finish Line celebration area. We start announcing as soon as results are available. We do age groups awards and over all awards. We encourage everyone to stay for the music and more at the finish line celebration. If you leave before you receive your award we will contact you or feel free to email us at [racedirector@ymcatvidaho.org](mailto:racedirector@ymcatvidaho.org). We will also have Road Runners Club of America Awards for the Half Marathon.

### **Is there a gear check? Look for the George's Cycles Truck!**

**Half & Full Runners** - Yes, we'll transport your clothes/gear from the start line at Lucky Peak to the finish. Please clearly marked with your name and race # on your bag. We will have supplies if you need a bag, tape or markets. You can always use the Potato Bag for your gear. Gear will be available after 8:30 in the finish area. Look for the George's Cycles Truck at the starting line!

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Do not check anything valuable in the gear check. The YMCA is not responsible for lost, stolen gear or broken gear.

### **Have other questions?**

If you have other questions or need more information please email us at [racedirector@ymcatvidaho.org](mailto:racedirector@ymcatvidaho.org)