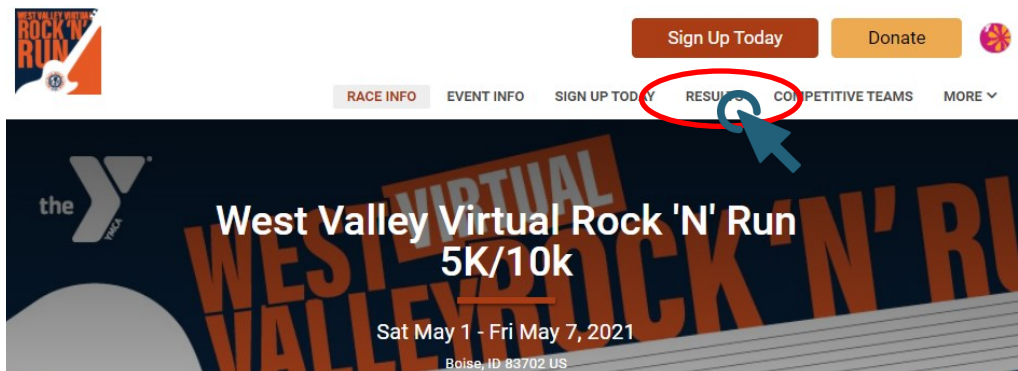
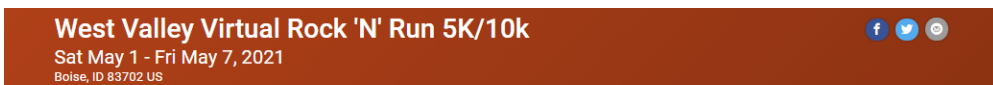
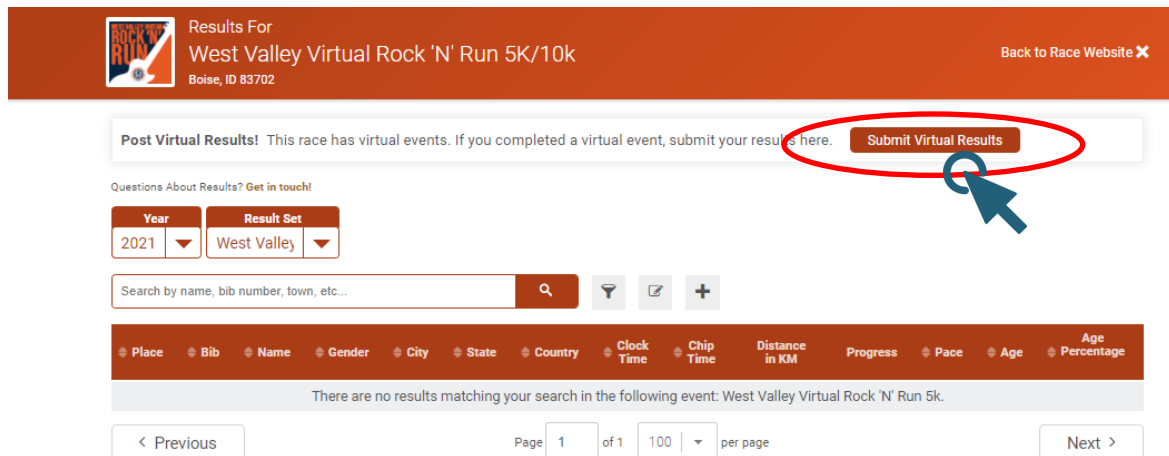


How to Submit Virtual Results



1. Navigate to the [West Valley Rock 'N' Run>>](#),
2. At the top of the page you will see the Results Tab. Click there!

3. On the Results page click [Submit Virtual Results>>](#). Next search your registration by first and last name, DOB or email.

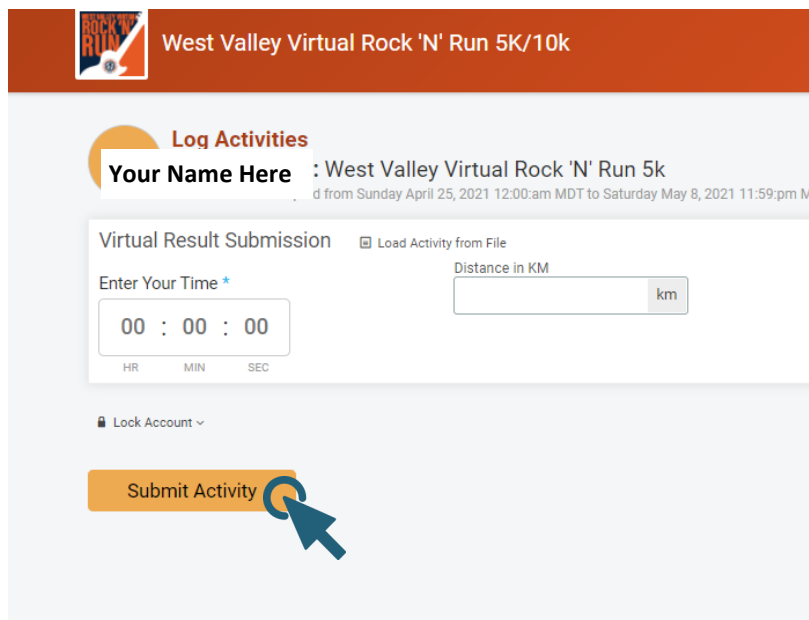


Find A Participant

BIB NUMBER	NAME	EVENT	REGISTRATION DATE	OTHER DETAILS
41	Your Name Here	Valley Virtual Rock 'N' Run 5k	Mar 12, 2021 at 10:41 am MST	Gender: F Age: 39 City: Caldwell, ID US

5. Enter your time and click [Submit Activity>>](#).

Give the page a few seconds to refresh and check out your results!



4. Once you find yourself, select [Submit Virtual Results>>](#).