## 2022 YMCA SUMMER ALLCOMERS TRACK AND FIELD MEETS

## RUNNING EVENTS: 6:30 PM

FIELD EVENTS: 5:30 PM
Cost: $\$ 5.00$ per participant. Electronic timing this year Must Pre-Register online at athletic.net

## DOMINO'S ALLCOMERS MEETS

All -Comers Track meets are held at Mtn. View HS
These meets are open to all ages and sexes.

Thurs. June 16
Thurs. June 23
Thurs. June 30
Thurs. July 7
Thurs. July 14
Thurs. July 21

| $5: 30 \mathrm{pm}$ | Mtn. View |
| :--- | :--- |
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| 5:30 pm | Mtn. View |
| $5: 30 \mathrm{pm}$ | Mtn. View |

## TEAM IDAHO CLASSIC

July $21^{\text {st }}$ at Mountain View High School
**Must pre-register on Athletic.net. NO LATE/DAY OF REGISTRATIONS ACCEPTED

## JUNIOR OLYMPIC MEETS

Junior Olympic meets are open to youths aged 18 \& under, prior to Aug $1^{\text {st }}$. Please have birth certificates available in case of conflict.

Snake River Association Meet
June $10^{\text {th }}-11^{\text {th }}$, Mountain View High School **

## REGION 11 JUNIOR OLYMPICS

July $7^{\text {th }}-9^{\text {th }}$, Utah Valley Orem, UT ${ }^{* *}$

AAU Regional
June 23-25, Mountain View High School ***
U.S.A.T.F. NATIONAL JUNIOR OLYMPICS

July $25^{\text {th }}$ - July 31 st, Sacramento, CA $^{* *}$
*For more information on other meets go to usatf.org
**Requires USATF\#
***Requires AAU Membership


YMCA Team Idaho


# YMCA ALL COMERS MEETS SCHEDULE OF EVENTS 

## 5:30 P.M. Field Events Start

Pole Vault 13 \& Up only
Shot Put 7 \& Older
Long Jump 5-10 Boys and Girls 11-12 Boys and Girls
High Jump 7 and Older
7:00PM Field Events Start
Long Jump
13 and up Boys and Girls Long Jump will Start at 7pm; Followed by the Triple Jump

The following will start after the above events have finished.

| Discus | $11 \& U p$ |
| :--- | :--- |
| Triple Jump | $13 \& U p$ |
| Javelin | $13 \& U P$ |

## 6:30 P.M. Running Events Start

(Each event will begin after the previous event has finished)

| 1500 Meters | $7 \&$ Older |
| :--- | :--- |
| 80 Meter Hurdles | $11-12$ Boys and Girls |
| 100 Meter Hurdles | $13-14$ Boys, 13 \& Up Girls \& Women |
| 110 Meter Hurdles | $15 \&$ Up |
| $4 \times 100$ Meter Relay | All Ages |
| 50 Meter Dash | $10 \&$ Under |
| 100 Meter Dash | $6 \&$ Up Starts with older ages |
| 800 Meters | $7 \&$ Older |
| 400 Meters | $7 \&$ Older |
| 400 Meter Hurdles | $15 \&$ Up ages |
| 200 Meter Hurdles | $13-14$ Boys \& Girls |
| 200 Meters | $7 \&$ Older |
| 3000 Meters | $11 \&$ Up Boys \& Girls |
| 5000 Meters | $15 \&$ Up |
| 1600 Meter Relay | $7 \&$ Older |

5 yr olds can do 50 Meter Dash \& Long Jump ONLY! 6 yr. olds can do $50 \mathrm{M}, 100 \mathrm{M}$ \& Long Jump ONLY!


Domino's


YMCA Team Idaho


