



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOMINO'S PIZZA 2020 SUMMER ALLCOMERS TRACK AND FIELD MEETS



YMCA Team Idaho

RUNNING EVENTS: 6:30 PM

FIELD EVENTS: 5:30 PM

Cost: Free Team Idaho + USATF Member

\$2.00 per event Team Idaho only

\$2.00 per event USATF Members

\$3.00 per event Non-USATF Members



DOMINO'S ALLCOMERS MEETS

All -Comers Track meets are held at Borah HS

These meets are open to all ages and sexes.

Thurs. May 28	5:30 pm	Borah
Thurs. June 4	5:30 pm	Borah
Thurs. June 11	5:30 pm	Borah
Thurs. June 18	5:30 pm	Borah
Thurs. June 25	5:30 pm	Borah
Thurs. July 1	5:30 pm	Borah
Thurs. July 9	5:30 pm	Borah
Thurs. July 16	5:30 pm	Borah
Thurs. July 23**	5:30 pm	MVHS

ALL-COMERS CHAMPIONSHIP **

July 23 Mountain View HS

**Must pre-register on Athletic.net. NO LATE/DAY OF REGISTRATIONS ACCEPTED

JUNIOR OLYMPIC MEETS

Junior Olympic meets are open to youths aged 18 & under, prior to Aug 1st. Please have birth certificates available in case of conflict.

Snake River Association Meet (Youth & Adults)

June 18th – 20th, TBA

REGION 11 JUNIOR OLYMPICS

July 9th– 11th, Provo/Orem, UT

*Top 5 qualify to Nationals

U.S.A.T.F. NATIONAL YOUTH OUTDOOR CHAMPIONSHIP

June 23rd–28th, Miramar, FL

U.S.A.T.F. MASTERS NATIONALS

July 11th– 14th, TBA

U.S.A.T.F. NATIONAL JUNIOR OLYMPICS

July 27th– Aug 2nd, Jacksonville, FL

*For more information on these meets go to usatf.org



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ALL COMERS MEETS SCHEDULE OF EVENTS

5:30 P.M. Field Events Start

- Pole Vault 13 & Up only
- Shot Put 7 & Older
- Long Jump 5 - 10 Boys and Girls
11 - 12 Boys and Girls
- High Jump 7 and Older

7:00PM Field Events Start

- Long Jump 13 and up Boys and Girls Long Jump will Start at 7pm; Followed by the Triple Jump

The following will start after the above events have finished.

- Discus 11 & Up (The Hammer will start at 4:30pm)
- Triple Jump 13 & Up
- Javelin 13 & UP

6:30 P.M. Running Events Start

(Each event will begin after the previous event has finished)

- 1600 Meter Race-Walk 7 & Older
- 1500 Meters 7 & Older
- 80 Meter Hurdles 11 - 12 Boys and Girls
- 100 Meter Hurdles 13 - 14 Boys, 13 & Up Girls & Women
- 110 Meter Hurdles 15 & Up
- 4 x 100 Meter Relay All Ages
- 50 Meter Dash 10 & Under
- 100 Meter Dash 6 & Up Starts with older ages
- 800 Meters 7 & Older
- 400 Meters 7 & Older
- 400 Meter Hurdles 15 & Up ages
- 200 Meter Hurdles 13 - 14 Boys & Girls
- 3000 Meters 11 & Up Boys & Girls
- 5000 Meters 15 & Up
- 200 Meters 7 & Older
- 1600 Meter Relay 7 & Older

5 yr olds can do 50 Meter Dash & Long Jump ONLY! 6 yr olds can do 50 M, 100 M & Long Jump ONLY!

