MEET THE COACHES

TIM SEVERA
COACH SUPERVISOR WITH EMPHASIS ON DISTANCE TRAINING
MIDDLE DISTANCE | LONG DISTANCE | HURDLES | HIGH JUMP

Tim Severe has been coaching with Team Idaho since it started in 1979! During that time he has coached over 200 All Americans and 3 youth athletes that have competed at the world level. He is a USATF Level 1 coach specializing in distance running and high jump, certified official, and meet administrator. Tim’s philosophy in coaching is to treat all athletes with respect and help each athlete reach their own potential. When working with young athletes he hopes to provide them with the best possible coaching through sharing expertise and caring about them.

JACK H. WARD, JR.
COACH SUPERVISOR WITH EMPHASIS ON DISTANCE TRAINING
HURDLES | MIDDLE DISTANCE | LONG DISTANCE | THROWS

Jack Ward is a USATF Level 1 coach and began running in 1968, coaching in 1979, and joined Team Idaho in 1996. His coaching philosophy is always putting the athlete first—treating everyone the same, no matter their ability level. He believes everyone has the ability to improve and reach their highest potential, and it is his job to help them get there and have fun along the way. One of his fondest memories as a coach is winning 2 individual championships and the Team Championship at the USATF Junior Olympic XC Meet in 2009.

AMANDA LONG
INDOOR TRACK | SUMMER TRACK | RUNNING CLUB | WINTER TRACK CONDITIONING | YOUTH XC
SPRINTS | MIDDLE DISTANCE | LONG DISTANCE | HURDLES | RELAYS

Amanda Long has been coaching since 2000, all with Team Idaho. She ran track and cross country while attending Boise State University before graduating with Bachelor of Science degrees in Kinesiology, secondary health, and coaching endorsement. In 2008 Amanda became the hurdles coach at Mountain View High School and became the Assistant Cross Country Coach at Kuna High School in 2017. Amanda is USATF Level 1 certified and has coached many individual state champions and several team championships for both cross country and track.
Brittany Woodworth has been coaching since 2014, all with Team Idaho. She ran track during college at the College of Idaho and received a Bachelor of Arts in Elementary Education. Along with coaching youth through Team Idaho, Brittany is entering her third year teaching 5th grade.

Bryan Stith has been coaching track and field for since 2000, and has been with Team Idaho since 2001. So far in his career he has coached 53 USA Track and Field Junior Olympic All Americans, 6 USA Track and Field National Champions, and was the 2015 Idaho High School Coach of the Year.

Clifford Dillard has been coaching for with Team Idaho since 2014, specializing in jumps. Clifford believes coaching is a partnership that requires working together to reach the goals of the athlete. His fondest memories of track include being part of team championships in both high school and college, including winning the 1989 All American title in high jump while attending BSU. Clifford loves coaching and eats Frosted Flakes before every meet for good luck.

Craig Morton began coaching youth speed and agility in 2003 and track and field in 2013. He joined Team Idaho as a coach in 2015. He coaches Dynamic Strength Training and weightlifting training at Meridian High during the winter season and coaches sprints and hurdles in the Spring.
DARIN HLAVINKA
INDOOR TRACK | SUMMER TRACK
POLE VAULT

Darin Hlavinka has begun pole vaulting as a Master in 2015 and won a gold medal in the 2017 National Senior Games and finished 3rd in the 2018 USATF Masters Outdoor Championships. While also the Assistant Coach at Mountain View High School, specializing in pole vault, he began coaching with Team Idaho in 2016 and obtained his USATF Level 1 coach certification in 2018. Darin’s goal in coaching young athletes is to provide the tools, inspiration, and motivation for the athletes to improve and aspire to new levels.

JW HARDY
INDOOR TRACK | SUMMER TRACK
SPRINTS | MIDDLE DISTANCE | HURDLES | JUMPS

JW Hardy began coaching track and field in 1994 and has been coaching at the NCAA Division 1 level since 2002. His teams have won numerous conference titles during his tenure at Northern Arizona University as well as a few top 10 National finishes in Cross Country and Track & Field. During his tenure at BSU, his men’s XC team won a WAC title. In 2013 JW transitioned to full-time pastoral ministry and currently serves as an Associate Pastor at Pierce Park Baptist Church while also the Assistant Coach at Mountain View High School, specializing in sprints and high jump.

LATECIA HOWELL
INDOOR TRACK | SUMMER TRACK
RELAYS | MULTI-EVENTS

Latecia Howell has been coaching with Team Idaho since 2015. She was a USATF Junior Olympic Athlete from 2005-2011, high school Team Captain from 2009-2011, and was a 3x All American Heptathlete with Carroll College from 2011-2014. Latecia’s goal as a coach is to share and inspire a passion for track and field that lasts a lifetime in her athletes by focusing on learning and understanding the basics and building from there.

McKENZIE BERG
INDOOR TRACK | SUMMER TRACK
SPRINTS | RELAYS

McKenzie is a USATF Level 2 certified coach in sprints, hurdles, and relays. She has been coaching soccer for Centennial High School and a club team since 2011 and has coached track at Centennial High School since 2014. Since becoming a track coach she has coached sever individual High School State Champions in both sprints and relays. McKenzie joined Team Idaho in 2018.