



ARTIST IN RESIDENCE

for neurological conditions

FALL WORKSHOPS 2021

These are no-cost creative arts workshops designed to promote a sense of healing and recovery for people with neurological conditions. No experience is necessary. All supplies are provided. Space is limited and registration is required.

Wednesday, September 22 at 12:30pm

MAGIC KITCHEN PAINTING

Join us for some kitchen inspired watercolor fun. We'll be using familiar utensils and "designing from the drawer" to create unique and fanciful creations.

At the

Healthy Living Center

Or virtually on

Tuesday, September 28 at 10am

On Zoom

Wednesday, October 6 at 12:30pm

ACRYLIC PAINTING

Be inspired by the beautiful autumn wonder surrounding us. We'll be mixing colors and creating interesting compositions on canvas with acrylic paint.

At the

Healthy Living Center

Wednesday, October 20 at 12:30pm

PRINTMAKING: MONOPRINTS

Make your mark- and lots of interesting lines and patterns with a fun, fascinating, and squishy(!) Gelli plate. We'll even do "ghost" prints just in time for Halloween.

At the

Healthy Living Center

Wednesday, November 3 at 12:30pm

WATERCOLOR WONDER

Let the colors flow for some fun, fall watercolor adventures. We'll be using various tips and techniques to capture the magic of autumn.

At the

Healthy Living Center

Or virtually on

Tuesday, October 26 at 10am

On Zoom

Wednesday, November 17 at 12:30pm

HANDMADE GRATITUDE JOURNAL

We'll make our own handmade journals that are not only beautiful, but can help establish a gratitude habit. Win/Win.

At the

Healthy Living Center

Or virtually on

Tuesday, November 9 at 10am

On Zoom

Supplies and space are limited. You **MUST** register with Stephanie - see below.

TO REGISTER:

Email Stephanie at Stephanie.Werntz@ymcatvidaho.org or call at **(208) 794-5534**