



ARTIST IN RESIDENCE

for cancer survivors

FALL WORKSHOPS 2021

These are no-cost creative arts workshops designed to promote a sense of healing and recovery for cancer survivors. No experience is necessary. All supplies are provided. Space is limited and registration is required.

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| Tuesday, September 21 at 1:30pm | SILK PAINTING We'll let the colors flow with this fun and fabulous medium. A little resist and some special techniques make magic happen. | At the Caldwell Y |
| Thursdays, September 23 at 10:30am September 30 at 10:30am October 7 at 10:30am | PAPER MACHE Come sculpt and create (all 3 sessions) your own masterpiece with a good old fashioned flour/water recipe and creativity. | At the West Y |
| Tuesday, September 28 at 10am | KITCHEN MAGIC PAINTING Join us online for some inspired, kitchen magic painting. We'll be designing from the drawers for this experiential adventure. | A virtual workshop On Zoom |
| Monday, October 4 at 10:30am | AUTUMN ACRYLICS Be inspired by the beautiful autumn wonder surrounding us- with color mixing and composition on canvas with acrylic. | At the South Y |
| Tuesday, October 19 at 1:30pm | PRINTMAKING: MONOPRINTS Create amazing images and even some 'ghost' prints just in time for Halloween with Gelli plates, stencils and lots of textures. | At the Caldwell Y |
| Thursdays, October 21 at 1pm October 28 at 1pm November 4 at 1pm | KNITTING 101 Abby Hoefer will be here to teach us the art of casting on and binding off, and get our knit stitches going. All levels welcome. | At the Healthy Living Center |
| Tuesday, October 26 at 10am | WATERCOLOR WONDER Join us for some fun fall watercolor painting. We'll be using various tips and techniques to capture the magic of autumn. | A virtual workshop On Zoom |
| Tuesday, November 9 at 10am | HANDMADE GRATITUDE JOURNAL We'll let the appreciation start here by making our own handmade journal to help create a gratitude habit. | A virtual workshop On Zoom |
| Wednesday, November 10 at 12:30pm | TIE DYE Nope, it's not just for kids. You know how it works. Let the color blast into your world and brighten your spirits. | At the Healthy Living Center |
| Tuesday, November 16 at 1:30pm | CARD MAKING Janet Hopkins will help us create our own homemade greeting cards- just in time for the holidays! | At the Caldwell Y |

Supplies and space are limited. You MUST register with Stephanie - see below.

TO REGISTER: Email Stephanie at Stephanie.Werntz@ymcatvidaho.org or call at **(208) 794-5534**