

MEMBERSHIP & FEES

Membership Type	Monthly Fee				Join Fee
	Downtown Boise YMCA	Tomlinson South Meridian YMCA	West Boise YMCA	Caldwell YMCA	All Facilities
Family*	\$91.90	\$91.90	\$91.90	\$84.90	\$60
2-Person Family**	\$73.90	\$73.90	\$73.90	\$67.90	\$45
Individual Adult (30–64)	\$51.90	\$51.90	\$51.90	\$48.90	\$30
Older Adult (65+)	\$47.90	\$47.90	\$47.90	\$45.90	\$30
Young Adult (19–29)	\$35.90	\$35.90	\$35.90	\$34.90	\$30
Youth (10–18)	\$29.90	\$29.90	\$29.90	\$28.90	\$0

Membership fees are based on median household income for each location. Tax applies to all membership dues. These membership rates do not apply to short-term memberships. For information about short-term membership, visit the front desk.

- * Family definition: 2 adults in a domestic partnership and their dependent children, age 23 and younger, or 1 adult and 2or more dependent children, age 23 and younger.
- **2-Person Family definition: 2 adults in a domestic partnership or 1 adult and 1 dependent child, age 23 and younger.

JOIN TODAY!

ONLINE

Visit ymcatvidaho.org to join online.

IN PERSON

Visit any Treasure Valley Family YMCA facility to learn more about membership and receive a tour. See the back cover for addresses and phone numbers of all our locations.

WE OFFER FINANCIAL ASSISTANCE

The Treasure Valley Family YMCA believes that everyone, regardless of their financial situation, deserves access to our services. All children deserve the chance to realize their potential. all people deserve access to the tools and education that will help them live healthier, and all people deserve equal access to support from Y friends and neighbors. To learn more about financial assistance, visit your local Y or our website.

CORPORATE MEMBERSHIP

We partner with local businesses to offer employees access to a healthy lifestyle at a discounted price. Ask your employer if this option is available to you, or learn more by visiting your local Y branch.

LOCKER RENTAL

\$15/month if available

TOWEL SERVICE

We offer workout towels at no charge. Bath towels are provided at the rates below.

Individual \$5/month Family \$10/month

KID ZONE

We provide safe, clean, and nurturing care for kids age 6 weeks through 6 years old at our facilities for a max of 2 hours/day while you use the facility.

>	1 child (family	membership)	\$27/month
>	2 + children	family membership	\$39/month

- > 1 child (individual adult membership)..... \$33/month
- Member drop-in fee \$6.25/child/day*
- Non-Member drop-in fee......\$9.50/child/day
 - *Child must be a member to receive the member pricing.

DAY PASSES*

Community members and quests may use YMCA facilities with a day pass.

- > Youth......\$6.75
- > Adult\$13.25
- > Family......\$26.25

*All non-member quests age 18 and older must provide a government-issued photo ID.

BOISE CITY AQUATIC CENTER PASSES

(LOCATED AT THE WEST BOISE YMCA)

- Youth (10–18)......\$3.90/day.....\$16.40/month > Adult\$8.50/day\$32.74/month
- > Family.....*\$9.85/day | **\$18.55/day...\$54.60/month
 - *1 adult with up to 2 children | **Family cap of 5





MEMBER BENEFITS

NO CONTRACTS make joining the YMCA easy and flexible!

ACCESS TO ALL means you can visit and enjoy the amenities at any of our Treasure Valley facilities.

FINANCIAL ASSISTANCE affords everyone the chance to have the Y experience.

GROUP EXERCISE CLASSES (in–person and virtual) are included in your membership at no extra charge!

YOUTH ACTIVITY CENTER provides a place for kids ages 6–13 to socialize, play, relax, and hang out with YMCA Youth Leaders.

MEMBER PROGRAM FEES and early registration save you and your family money on a wide variety of Y programs.

NATIONWIDE MEMBERSHIP lets you visit any participating YMCA in the U.S. at no additional cost.

6 FAMILY GUEST DAY PASSES are renewed every year to share with friends and family*.
*All non-member guests age 18 and older must provide a government-issued photo ID.

WHEN SCHOOL IS OUT, THE Y IS IN! Seasonal school break camps and before & after school care programs offer part-time and full-time child care for children Kindergarten through 8th Grade.

THE TREASURE VALLEY FAMILY YMCA
MOBILE APP features real-time class and program
schedules for all our facilities, which allows members
to conveniently reserve services and classes
and share information with friends!

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WELCOMING & INCLUSION

At the Y, we welcome everyone whose behavior adheres to our core values of caring, honesty, respect, and responsibility.

We advance our cause by building a stronger and more equitable community where everyone has the opportunity to learn, grow, thrive, and reach their full potential with dignity.

The Y is a force for building bridges among all people—regardless of ability, age, birthplace, cultural background, ethnicity, faith, gender, gender identity, ideology, income, race, or sexual orientation.



PLAN FOR SUMMER CHILDCARE

Now is the season to plan for summer childcare.

The Y is the largest provider of childcare in the state of Idaho. With more than 30 sites across the Treasure Valley and talented team members who are focused on youth development, it is a great place for children to thrive.

As you plan for summer, be sure to plan ahead for summer childcare. Enrollment for Summer Childcare begins on Feb. 1. Learn about different days, times, locations and offerings by visiting the website.



*Idaho child care program & financial assistance available.



PRE-K CAMPS

LITTLE ADVENTURE CAMP @ 0

Join us for this super-silly adventure camp. Campers will have a blast swimming, climbing, bouncing, and making friends in this program. Camp includes arts and crafts, sports, and activities. (Swimming based on facility availability.)

AGES4-6

SESSION DATES..... Mar 20-24 | Mar 27-31

Mar 20-24

SESSION TIMES 9-10:30 am

9 am - 11 am



LITTLE PRINCESS CAMP 10

Each little princess will expand their imagination and creativity in this camp where dress up is encouraged! Campers will explore fairy tale stories, learn princess etiquette, create crafts, play games, and celebrate the end of camp with a tea party.

AGES4-6

FEE Member \$92 | Non-member \$123

SESSION DATES..... Mar 20-24

SESSION TIMES11 am-1 pm

LITTLE SUPERHEROES CAMP •

Ready to reveal your super powers? In this week long camp, campers will design and create their very own superhero costumes with various arts and craft items, as well as other superhero art projects. They'll even test their new costumes around the facility!

AGES4-6

FEE Member \$92 | Non-member \$123

SESSION DATES..... Mar 20-24

SESSION TIMES 10 am -12 pm

AQUATICS

ARTISTIC & SYNCHRONIZED SWIM ®

Artistic & Synchronized Swim Camp is a five-day introduction to artistic (formerly called synchronized) swimming. It's a fun and rewarding sport that blends physical activity with art. Participants will learn the basics, develop confidence, and make new friends.

AGES7-14
FEE\$35
SESSION DATES Mar 20-24

SESSION TIMES12:00-1:00 pm | 1:10-2:10 pm



BLUE MARLINS SWIM CAMP

Blue Marlins Swim Camp is a five days filled with fun and friendships. We will focus on improving stroke technique for all abilities, as well as focusing on some of the finer fundamentals such as starts and turns.

AGES5-13
FEE\$35
SESSION DATES.....Mar 20-24
SESSION TIMES12:00-1:00 pm | 1:10-2:10 pm
FEEMember \$55 | Non-member \$90

SPLASH

Splash is a five-day, fun-filled introduction to swimming and safety skills, designed primarily for kids. Participants will learn the basics of water safety, swimming techniques, and rescue skills, while building character and confidence!

AGES5-12 **FEE**\$25

SESSION DATES..... Mar 20–24 & Mar 27–31

W Mar 20-24

SESSION TIMES 6 1:00–1:30 pm | 1:35–2:05 pm 2:10–2:40 pm | 2:45–3:15 pm 3:20–3:50 pm

© 9:00-9:30 am | 9:35-10:05 am 10:10-10:40 am | 10:45-11:15 am 11:20-11:50 am | 4:00-4:30 pm 4:35-5:05 pm | 5:10-5:40 pm 5:45-6:15 pm | 6:20-6:50 pm

GET INVOLVED. JOIN OUR VOLUNTEER PROGRAM!

The Y's volunteer program just relaunched and we are excited to share it with you! Our volunteers are involved in nearly every aspect of our services and operations. They strengthen our leadership by serving on our boards. They help us fundraise by leading our annual and capital campaigns, and they transform lives by serving as coaches, mentors, and leaders in our community.



SPECIALTY CAMPS

BAKING 101 CAMP •

Campers will learn a variety of baking techniques and traditions, covering goods like cookies and bars, breakfast pastries, classic desserts, and more, with a special focus on creating beautifully decorated cakes. Delicious and beautiful!

AGES8-12

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20–24

SESSION TIMES1pm-5pm

CONTENT CREATOR CAMP O

If TikTok, YouTube, or Twitch is all your child talks about, then this is the camp for them! Using video production equipment campers will write, produce, and star in their very own videos.

AGES6-10

FEEMember \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES 9 am -1 pm

FASHION CAMP 🕕

Campers will get a change to learn about design, shape, and texture in this camp. They will have a chance to explore fashion from all around the world and through the decades. They week will end with a fashion show for parents.

AGES6-10

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES1-5 pm

HANDS ON! STEM CAMP (D)

Hands On! STEM Camp combines elements from robotics, civil engineering, and rockets. This camp takes a kinesthetic approach to STEM, where campers will learn scientific concepts by creating and building.

AGES6-10

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES 9 am -1 pm

JR. CHEFS COOKING CAMP (

This class is designed to be a hands-on cooking experience. It will cover meal planning, nutrition, and learning to follow a recipe.

AGES6-12

FEE Member \$88 | Non-Member \$154

SESSION DATES..... Mar 20-24 | Mar 27-31

SESSION TIMES 9 am-1 pm

JR. ROBOTICS CAMP 10

Jr. Robotics Camp is the best way for your child to introduce themselves to the vast world of robotics. Using Lego Spike Prime kits, campers will build and code robots to perform various tasks and compete an obstacle course!

AGES6-10

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES1-5 pm



LET'S EXPERIMENT CAMP 0

This camp is all about experiments! Campers will learn about the scientific process through creating slime, causing explosions, and so much more! This is the perfect camp for kids who always ask why, who want to their hands dirty, and who have a flair for discovering new things. Bring your curiosity and excitement to this fun science camp!

AGES6-12

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES 9 am - 1 pm

SLIME CAMP 1

Does your child like to experiment? In this camp kids will do all sorts of fun experiments with slime, gak, and other fun materials!

AGES......6-10

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES1-5 pm

SPRING FLING CAMP @ 0 0 0

Swimming, games, arts, and other activities are a part of this awesome fun-filled camp. Kids will make new friends, learn new skills, and get physical activity along the way!

(Swimming will be based on pool availability.)

AGES......6-12

FEE Member \$176 | Non-Member \$308 (Full Days)

Member \$88 | Non-Member \$154 (Half Days)

Member \$266 | Non-Member \$399

Member \$266 | Non-Member \$399

W Member \$266 | Non–Member \$399 (Full Days)

Member \$138 | Non-Member \$203 (Half Days)

Mar 20-24 l

W Mar 20-24

SESSION TIMES 9 am-5 pm (Full Day)

9 am–1 pm | 1–5 pm (Half Day)

9 am-5 pm (Full Day)

9 am-5 pm (Full Day)

9 am-5 pm (Full Day)

9 am-1 pm (Half Day)

SPRING BREAK SPORTS CAMP 10 00

This camp is perfect for the camper who wants to try a little bit of everything and get active during spring break! In this camp, campers will enjoy a variety of activities both old and new, learn new skills, and discover a new favorite sport or game!

AGES7-11

FEE Member \$144 | Non-Member \$213

SESSION DATES..... Mar 20-24

SESSION TIMES 9 am-1 pm

SUPER ART CAMP

Come use your imagination in this vivid and worldly art camp. Campers will learn to mix of art techniques to increase their current knowledge of art skills and styles.

AGES6-12

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20–24

SESSION TIMES1-5 pm

SURVIVAL CAMP 0

This camp will teach kids about building a shelter, how to find food and water in the wilderness, using morse code, practicing knife safety, and much more! Each child should come prepared to spend the day outside.

AGES6-10

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20–24 SESSION TIMES 9 am –1 pm



TWEEN ART AND DESIGN CAMP 10

Tween campers channel their inner artist to create original works of art. They'll be exposed to a variety of projects, materials, and techniques throughout the week to enhance their skills. (This class is designed for beginners.)

AGES.....10-13

FEE Member \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES1-5 pm

YOUTH CLIMBING CLASS W

This five-week class covers the basic rules of and develops skills for indoor climbing. Participants will learn about technique improvement and overall climbing skills.

AGES.....7-13

FEE Member \$92 | Non-Member \$123

SESSION DATES..... Jan 3 – Jan 31 | Feb 7 – Mar 7 | Apr 4 – May 2

SESSION TIMES Tuesdays 6-7 pm

RUNS & RACES

YMCA ST. PATRICK'S DAY RUN MARCH 11 | ALL AGES

Join the fun and celebrate St. Patrick's Day the healthy way, the Y way. Bring your green and get ready to run!

3 distances to choose from: Leprechaun Loop (1 mile): 9:30am 5K or 5 Mile: 10am

Early bird registration: Jan 1–Feb 28: \$30 Mar 1–11: \$35



THRIVE CENTER

Together Helping Realize Inclusive Victories Everyday

THRIVE is designed for children and adults who are neurodiverse, but all are welcome! We are proud to offer a safe center and caring staff. Our staff is well trained and takes great pride in keeping the Blue Cross of Idaho THRIVE Center safe, clean and positive for both the participant and caregiver. The THRIVE Center consists of two sensory rooms with a variety of equipment such as swings, 6ft tall LED bubble tubes, tactile walls, roller track slide and much more!

ADAPTIVE DANCE 🕡

Youth looking for a place to learn and be a part of a fun and exciting team will enjoy this program. Participants will learn body awareness, balance, dance moves, meet new friends, and have fun! Participants will practice twice a week and perform a structured routine at the end of the block of classes. Uniform included in the fee. Caregivers are welcome to drop off the participant.

AGES5-14 FEEMember \$125 | Non-Member \$155 SESSION DATES..... Feb 9-Mar 18 | Apr 6-May 13 **SESSION TIMES......** Thur, 5:30–6:30 pm | Sat, 10–11 am

ADULT COOKING CLASS 🛈

Participants will learn basic kitchen skills while whipping up easy-to-make meals. Staff will assist participants with kitchen gadgets, learning basic nutrition, safe food and knife handling, and proper cleaning. Once meals are made, participants are encouraged to enjoy their creation while making friends.

AGES18+ FEE Member \$18 | Non-Member \$25 SESSION DATES.....Mar 2 | Apr 6 **SESSION TIMES 3:30-5:30 pm**

ARTS & CRAFTS 🕡

Let THRIVE be your host for the night! Let's explore your creativity! Parents are welcome to assist in the activity or drop off their children. All materials are provided for the craft. Varies each month.

AGESAll FEE Member \$12 | Non-Member \$15 SESSION DATES..... Mar 16 **SESSION TIMES 6:30-7:45 pm**

BINGO & DINNER •

B-I-N-G-O! Play a few rounds of Bingo while trying to win some fun prizes! Dinner is included with registration. This is a great opportunity to connect with peers and make new friends. Everyone goes home with at least one prize.

AGESAll FEE Member \$20 | Non-Member \$28 SESSION DATES..... Mar 10 | Apr 14 SESSION TIMES 5 -7 pm



DESSERT DECORATING 1

Using frosting, sprinkles, and candies make some fun holiday designs! This activity is sure to serve up smiles for the whole family! Each participant will receive up to six cookies. Enjoy at home or share with your friends, family, and neighbors!

AGESAll FEE Member \$12 | Non-Member \$16 SESSION DATES.....Apr1 SESSION TIMES 2-3 pm

FIREFLIES 1

Participants will be supervised 1:1 while in the program and dinner is provided. Participants must need 1:1 support, be an adult living at home with their parent/guardian, or be medically complex. Proof of eligibility is required. Sponsored by The M.L. Orndorff Caring for Caregivers Fund!

AGESAll FEEFree, Registration Required SESSION DATES.....Feb 17 | Mar 17 **SESSION TIMES** 5:30-8:30 pm

KIDS' DAY OUT 1

Participants that are neurodiverse may attend at no cost. This amazing opportunity has been sponsored by The M.L. Orndorff Caring for Caregivers Fund. Priority is given to those that are neurodiverse, but all are welcome.

AGES5-14 FEEFree, Registration Required SESSION DATES.....Feb 25 | Mar 18 SESSION TIMES1-4:30 pm

LIFE SKILLS CLASS **1**

Learn valuable life skills and make friends! We will create goals and practice job skills, managing money, shopping,



and cooking. Each day builds on previous lessons. Participants help guide the class based on their interests and goals. Caregivers are welcome to join, at no additional cost, if one-on-one support is desired.

AGES13+

FEE Member \$119 | Non-Member \$179

SESSION DATES.....Apr 25-May 30

SESSION TIMES Tuesdays, 9 am -1 pm

SESSION TIMES 5-7 pm

SENSORY VARIETY CAMP 10

Kids are encouraged to experience textures, sounds, tastes and all things sensory. Each day pulls activities from the Y's most popular camps (Super Art, Sports and STEM Camps, and Jr. Chefs). Caregivers are welcome to join, at no additional cost, if one on one support is desired.

AGES.....5-14

FEEMember \$138 | Non-Member \$208

SESSION DATES..... Mar 20-24

SESSION TIMES 9 am -1 pm

SKILLS & DRILLS

Participants will learn the value of a physically active lifestyle with fun PE activities. They will expand their knowledge of fitness concepts including flexibility, stamina, strength, and nutrition while getting the opportunity for self-expression and social interaction. Caregivers can drop off their kids.

AGES5-14

FEE Member \$60 | Non-Member \$99

SESSION DATES.....Feb 13-Mar 27 | Apr 3-May 8

SESSION TIMES Mondays, 6-7 pm

TEEN COOKING CLASS 0

Participants will learn basic kitchen skills while whipping up easy-to-make meals. Staff will assist participants with kitchen gadgets, learning basic nutrition, safe food and knife handling, and proper cleaning. Once meals are made, participants are encouraged to enjoy their creation while making friends.

AGES13-17

FEE Member \$18 | Non-Member \$25

SESSION DATES.....April 1 | Mar 4 | May 6

SESSION TIMES11:30 am -1:30 pm



For more information about THRIVE day camps and Family Directed Services funding please contact: Andrea Parker, THRIVE Director

andrea.parker@ymcatvidaho.org



TREASURE VALLEY FAMILY YMCA FACILITY DIRECTORY



CALDWELL **YMCA**

3720 S Indiana Ave Caldwell, ID 83605 208 454-9622

Mon-Fri: 5am-9pm Sat: 7am-6pm



1050 W State St **Boise, ID 83702** 208 344-5501

Mon-Fri: 5am-9pm Sat: 7am-6pm Sun: 10am-6pm



5155 Hillsdale Ave Meridian, ID 83642 208 331-9622

Mon-Fri: 5am-9pm Sat: 7am-6pm Sun: 10am-6pm



5959 N Discovery Way Boise, ID 83713 208 377-9622

Mon-Fri: 5am-9pm Sat: 7am-6pm Sun: 10am-6pm

Please note: All YMCA Aquatic Centers close thirty minutes before the rest of the facility. For up-to-date Aquatics hours please visit ymcatvidaho.org



HEALTHY LIVING CENTER

419 N 11th St, Boise ID 83702 Corner of 11th & State 208 344 5502 ext 217

YOUTH SPORTS

CALDWELL YMCA 208 454 9622 ext 654

WEST BOISE YMCA 208 377 4886 ext 819 **DOWNTOWN BOISE YMCA** 208 344 5502 ext 292

TOMLINSON SOUTH MERIDIAN YMCA 208 331 9622 ext 515

KID ZONE G D T W

AGES6 weeks-6 years

FEEAdd on to Membership:

One Child \$27 Two or more: \$39 Single Adult: \$33

HOURS 6 Mon & Tue: 8 a.m.-12 p.m. Wed: 8 a.m.-12 p.m. | 5-7 p.m. Thur: 8 a.m.-1 p.m. | 5-8 p.m. Fri: 8 a.m.-12 p.m. Sat: 9-11:30 a.m.

> Mon-Thur: 8:45 a.m.-7 p.m. Fri. 8:45 a.m.-6 p.m. Sat, 8:30 a.m.-12:30 p.m.

Mon-Fri, 8:45 a.m.-7 p.m. Sat. 8:30 a.m.-12:30 p.m.

W Wed & Fri: 9 a.m.-12 p.m. | 4-7 p.m. Sat: 9 a.m.-12:30 p.m.

ROCK WALL G D W

AGES3+

FEEMember: Free | Non-Member: Day Pass Required Belay certifications by appointment only \$5

HOURS

Tue & Thur, 4-7 p.m. Sat, 9 a.m. - 12 p.m.

Tue & Thur, 4-7 p.m. Sat, 8:30 a.m. - 12:30 p.m.

W Mon-Thur: 4−7 p.m. Sat: 9 a.m. - 12:30 p.m.

YOUTH ACTIVITY CENTER (YAC) © 1 W

AGES6-13

FEEMember: Free | Non-Member: Day Pass Required

HOURS Mon-Thur: 3-8 p.m. Fri: 3-6 p.m. Sat: 9 a.m.-12 p.m.

> Mon-Thur, 4-7 p.m. Fri: 4-6 p.m. Sat: 8:20 a.m.-12:30 p.m.

> Mon-Fri: 4-7 p.m. Sat: 8:30 a.m.-12:30 p.m.

Mon-Thur, 9 a.m.-12 p.m. | 5-7 p.m. Fri: 9 a.m.-12 p.m. Sat: 8:30 a.m.-12:30 p.m.

RESERVATION SYSTEM

EXPLORE, CONNECT, GROW!

VIRTUAL OFFERINGS Stay healthy and connected with our on-demand video library of instructor-led workouts and group exercise virtual classes, brought to you by our YMCA Health and Wellbeing staff.

ONLINE RESERVATIONS Reserve a place in select services and activities ahead of time with our online reservation platform and mobile app! Reserve your spot for: Kid Zone | Group Ex Classes Water Fitness Classes & more!

Browse program offering schedules and make your reservations today with the Treasure Valley YMCA app or by visiting <u>ymcatvidaho.org/reservations</u>. You may sign up for multiple sessions (exception is 2-hour Kid Zone time limit).

TOUCH-FREE CHECK IN Our Treasure Valley Family YMCA Facilities have implemented a touch-free check-in process. To download our app to your Smartphone for a quick and easy check-in, learn more at ymcatvidaho.org.

> OPTION 1:CHECK-IN via Mobile App > OPTION 2:CHECK-IN via Key Card

For those without the ability to use the mobile app, a key card with barcode will be

assigned to you.
You will scan this card
to check in each time
you visit a facility.
Please ask for this
card at the front desk.



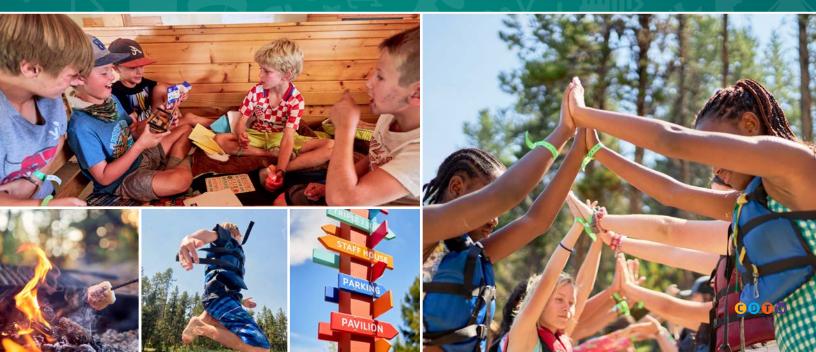


Y CAMP AT HORSETHIEF RESERVOIR

Registration is open for summer & family camp.

Register today!







BETTER TOGETHER

THE Y IS FOR ALL. ((

The 2023 Treasure Valley Family YMCA Annual Campaign



Financial assistance is available for all programs and membership within the Y so no community member is turned away for the inability to pay.

This financial assistance is made possible through generous donations. To learn more or donate to the Y, visit our secure giving site at: ymcatvidaho.org.

GIVE TODAY!